

Diddy Delilah

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Louise G (UK) - July 2018
音樂: Delilah - Frank Galan : (amazon)



Alternate tracks for floor splits:-

You Don't know me - Ofenbach or

Walk of Shame – Eight To The Bar.

Side Together, Right Shuffle Fwd, Side Together, Left Shuffle Fwd

1-2 Step Rt foot to Rt side, step to Lt next to Rt taking weight on Lt

3&4 Shuffle forward on Rt, Lt, Rt

5-6 Step Lt foot to Lt side, step Rt next to Lt, weight on Rt

7&8 Shuffle forward Lt, Rt, Lt

Right Rock Forward, Walk back Rt Lt (or full turn travelling back), Rock back on Rt, Step Forward Right Turn 1/4 pivot Left (weight onto Lt foot)

1-4 Rock fwd Rt recover on Lt, Walk backwards Rt, Lt (or full turn travelling back over right shoulder)

5-8 Rock back on Rt foot, recover forward on Lt, step fwd Rt pivot 1/4 Lt

Weave & Point, over side behind side

1-4 Cross Rt Over Lt, Step Lt to side, cross Rt behind Lt, point Lt to side

5-8 Cross Lt over Rt, step Rt to side, Cross LT behind Rt, step Rt to side

Rock Recover Shuffle 1/4 Left, sway forward back forward back

1-4 Cross rock Lt in front of Rt, recover onto Rt, shuffle 1/4 Left L R L

5-8 Touch Rt slightly fwd and sexy rock forward, back, forward, back

Start again.
