I've Been Waiting For You



拍數: 32 牆數: 2 級數: Improver

編舞者: Alison Johnstone (AUS) & Joshua Talbot (AUS) - August 2018

音樂: I've Been Waiting For You - Amanda Seyfried, Christine Baranski & Julie Walters

: (Album: Mamma Mia! Here We Go Again. Mamma Mia! Here We Go Again

Soundtrack)



Start: 16 counts from beginning of song (13 seconds)

(1-8) BASIC NC R	SIDE REHIND	SIDE BOCK	RECOVER	1/2. ROCK, RECOVER.	1/2
	. CIDE. DEI IIIAD.	. OIDE. INCOIN.	INDUVEIN.	72. INCOIN. INCOCALIN	. /2

1, 2&	Step R to R, rock L behind R, recover weight R
3, 4&	Step L to L, step R behind L, step L to L
5, 6&	1/8 L Rock R fwd (10.30), recover weight L, ½ R step R together (4.30)
7, 8&	Rock L fwd (4.30), recover weight R, ½ L step L together (10.30)

(9-16) ½ PIVOT, DIAGONAL FWD SHUFFLE, SIDE TOGETHER, DIAGONAL FWD SHUFFLE

1, 2	Step R fwd, ½ L taking weight L (4.30)
3&4	Step R fwd, step L together, step R fwd
5, 6	1/8 R stepping left to L, step R together (6.00)
7&8	1/8 R step L fwd, step R together, step L fwd (7.30)

(17-24) SWAY, SWAY, BEHIND, SIDE CROSS, SWAY, SWAY, BEHIND SIDE FWD

1, 2	1/8 L Step R to R as you sway R, recover weight L as you sway L (6.00)
3&4	Step R behind L, step L to L, step R over L
5. 6	Step L to L as you sway L, recover weight R as you sway R

7&8 Step L behind R, step R to R, step L fwd

(25-32) ROCK FWD, RECOVER, ½ SHUFFLE, ½ PIVOT, FWD, FWD, TOGETHER

1.	2	Rock R fwd	recover weigh	tht I
	_	COCK C IWU.	TECOVEL WEIG	11 II L

3&4 ½ R step R fwd, step L together, step R fwd (12.00)

5, 6 Step L fwd, ½ R taking weight R (6.00) 7, 8& Step L fwd, step R fwd, step L together

(Optional Turn: Count "8&" in section 4, can be replaced with a full turn L)

START AGAIN

Restart: On wall 4, dance to count 24, then restart facing 12.00

ENDING: Dance through the slow music to the end of wall 7, then add

1, 2&3 Step R to R, L behind R, ¼ R stepping R fwd, ¼ R stepping L to L dagging R towards L

Choreographed in August 2018 to be released September 2018 for Alison Johnstone Nuline Celebration and Joshua Talbots September workshops in Australia and New Zealand