

# AB Harlem Shuffle

拍數: 48      牆數: 4      級數: Absolute Beginner  
編舞者: K. Sholes (USA) & Shirley Blankenship (USA) - September 2018  
音樂: Harlem Shuffle - The Rolling Stones



## Section 1: Step, Together X3, Step, Hold

1-4      Step L to side, Step R next to L, Step L to side, Step R next to L,  
5-8      Step L to side, Step R next to L, Step L to side, Hold.

## Section 2: Heel Tap X4

1-4      Tap R heel forward, Step on R, Tap L heel forward, Step on L,  
5-8      Tap R heel forward, Step on R, Tap L heel forward, Step on L.

## Section 3: Step, Together X3, Step, Hold

1-4      Step R to side, Step L next to R, Step R to side, Step L next to R,  
5-8      Step R to side, Step L next to R, Step R to side, Hold.

## Section 4: Heel Tap X4

1-4      Tap L heel forward, Step on L, Tap R heel forward, Step on R,  
5-8      Tap L heel forward, Step on L, Tap R heel forward, Step on R.

## Section 5: Step, Shimmy, Shimmy, Slide X2

1-4      Step L diagonally left, Shimmy twice, Slide R foot next to L,  
5-6      Step R foot diagonally right, Shimmy twice, Slide L foot next to R.

## Section 6: Step, 1/4 Pivot, Rocking Chair, Rock, Recover

1-4      Step L forward, Pivot 1/4 right, Rock L forward, Recover R,  
5-8      Rock L back, Recover R, Rock L forward, Recover R.

**Begin Again! It's All About Fun!**

**Last Update – 6th Oct. 2018**

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