

AB Harlem Shuffle

拍數: 48 牆數: 4 級數: Absolute Beginner
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音樂: Harlem Shuffle - The Rolling Stones



Section 1: Step, Together X3, Step, Hold

1-4 Step L to side, Step R next to L, Step L to side, Step R next to L,
5-8 Step L to side, Step R next to L, Step L to side, Hold.

Section 2: Heel Tap X4

1-4 Tap R heel forward, Step on R, Tap L heel forward, Step on L,
5-8 Tap R heel forward, Step on R, Tap L heel forward, Step on L.

Section 3: Step, Together X3, Step, Hold

1-4 Step R to side, Step L next to R, Step R to side, Step L next to R,
5-8 Step R to side, Step L next to R, Step R to side, Hold.

Section 4: Heel Tap X4

1-4 Tap L heel forward, Step on L, Tap R heel forward, Step on R,
5-8 Tap L heel forward, Step on L, Tap R heel forward, Step on R.

Section 5: Step, Shimmy, Shimmy, Slide X2

1-4 Step L diagonally left, Shimmy twice, Slide R foot next to L,
5-6 Step R foot diagonally right, Shimmy twice, Slide L foot next to R.

Section 6: Step, 1/4 Pivot, Rocking Chair, Rock, Recover

1-4 Step L forward, Pivot 1/4 right, Rock L forward, Recover R,
5-8 Rock L back, Recover R, Rock L forward, Recover R.

Begin Again! It's All About Fun!

Last Update – 6th Oct. 2018
