

Angels Please

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kumari Tugnait (UK) - August 2018
音樂: Inner Demons - Julia Brennan : (Album: Inner Demons - single - iTunes)



Intro: The songs starts with her singing "They say don't let them in", then there is the first beat on the piano. Start the dance on that piano beat.

Section 1: RIGHT SIDE, LEFT CROSS ROCK RECOVER, SAILOR ½ LEFT, WALK FORWARD RIGHT LEFT, RIGHT FORWARD MAMBO

- 1 - 3 Step right to right side, cross rock left over right, recover on right
- 4 & 5 Make ¼ turn left stepping left behind right, make ¼ turn left stepping right to right side, step left forward (6.00)
- 6 - 7 Step forward on right, step forward on left,
- 8 & 1 Rock forward on right, recover back on left, step back on right

Section 2: ¼ LEFT SIDE ROCK RECOVER, LEFT BEHIND SIDE CROSS SWEEP, RIGHT CROSS BACK, RIGHT BACK LOCK ROCK

- 2 - 3 Make ¼ turn left rocking left to left side, recover on right (3.00)
- 4 & 5 Step left behind right, step right to right side, cross step left over right sweeping right round from back to front
- 6 - 7 Cross step right over left, step back on left
- 8 & 1 Step back on right, lock left across front of right, rock back on right

Section 3: LEFT STEP, ½ SWEEP TURN LEFT, RIGHT CROSS SHUFFLE, LEFT SIDE BEHIND, ¼ SHUFFLE TURN LEFT

- 2 - 3 Step forward on left, make ½ turn left sweeping right foot round from back to front (9.00)
- 4 & 5 Cross step right over left, step left to left side, cross step right over left
- 6 - 7 Step left to left side, step right behind
- 8 & 1 Make ¼ turn left stepping forward on left, close step right next to left, step forward on left (6.00)

Section 4: RIGHT FORWARD ROCK RECOVER, RIGHT COASTER, ½ PIVOT RIGHT, FULL TRIPLE TURN RIGHT

- 2 - 3 Rock forward on right, recover back on left
- 4 & 5 Step back on right, step left beside right, step forward on right (or a full triple turn right on the spot)
- 6 - 7 Step forward on left, pivot ½ turn right
- 8 & 1 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right, step forward left (12.00) (or a left shuffle forward)

Section 5: RIGHT STEP FORWARD, LEFT TOUCH BEHIND, LEFT SIDE BALL ROCK RECOVER, LEFT CROSS SIDE, LEFT BACK ROCK RECOVER, & RIGHT BEHIND SIDE CROSS

- 2 - 3 Step forward on right, touch left behind right
- & 4 & 5 Rock left to left side, recover on right, cross left over right, step right to right side
- 6 - 7 Rock back on left, recover on right
- & 8 & 1 Step left to left side, step right behind left, step left to left side, cross step right over left

Section 6: UNWIND ¾ TURN LEFT, RIGHT TOUCH BALL STEP, RIGHT FORWARD ROCK RECOVER, RIGHT COASTER CROSS

- 2 - 3 Unwind ¾ turn to left, finishing with weight on left (3.00)
- 4 & 5 Touch right beside left, step right in place, small step forward on left
- 6 - 7 Rock forward on right, recover back on left

8 & 1 Step back right, step left beside right, cross step right over left

Section 7: HOLD, LEFT TOUCH, STEP OUT LEFT RIGHT, LEFT BALL STEP FORWARD RIGHT, PIVOT ¼ TURN RIGHT, SYNCOPATED LEFT JAZZ BOX

2 – 3 Hold, touch left beside right

& 4 & 5 Step out left, step out right, step left beside right, step forward on right

6 - 7 Step forward on left, pivot ¼ turn right stepping on right (6.00)

8 & 1 Cross step left over right, step back on right, step left to left side

Section 8: RIGHT TOUCH, STEP RIGHT TO RIGHT SIDE, LEFT WEAVE BEHIND SIDE FORWARD, FULL TURN RIGHT, RIGHT BACK ROCK RECOVER

2 – 3 Touch right beside left, step right to right side

4 & 5 Step left behind right, step right to right side, step forward on left

6 - 7 Make ½ turn right stepping forward on right, make ½ turn right stepping back on left (6.00)

8 & Rock back on right, recover on left

Start again

Tag - 4 counts, danced at the end of wall 2

TSection 1: RIGHT SIDE, LEFT ROCK BACK RECOVER, LARGE STEP LEFT, DRAG RIGHT UP

1 – 4 Step right to right side, rock back on left, recover on right, take a large step to left dragging right up to meet (keep weight on left)

As with the start, she will sing “They say it won’t be hard” and then there is a piano beat – Restart after the Tag on that piano beat

Finish the dance on count 5 of section 5, facing 12.00, taking a slightly larger step to the right

Note: The music slows in parts, stay with the beat

In a world where you can be anything, be someone’s angel

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