My Side of Town



拍數: 32 牆數: 4 級數: Improver 編舞者: Penny Tan (MY) & Jennifer Jou (TW) - September 2018

音樂: My Side of Town - Lutricia McNeal



Intro: 16 counts - *No tag No restart

Intro Dance:

SEC1:WALK FWD RLRL, WALK BACK RLRL

1-2 Walk fwd RL

3-4 Walk RF fwd, touch LF on L with both hands rise up

5-6 Walk back LR

7-8 Walk LF back , touch RF beside LF with both hands rise up

SEC2:SIDE, BEHIND SIDE, TOUCH, SIDE, BEHIND, SIDE, TOUCH

1 – 4
 Step RF to R side,step LF behind RF,step RF to R side,touch LF with both hands rise up
 5 – 8
 Step LF to L side,step RF behind LF,step LF to L side,touch RF to R side with both hands

rise up

SEC3:REPEAT SEC1 SEC4:REPEAT SEC2

Main Dance:

SEC1: WEAVE, CROSS, SIDE, TAP HEEL, SIDE, TOUCH, 1/4 R BACK, TOUCH

1&2& Cross RF over LF, step LF to L side, cross RF behind LF, step LF to L side

3&4 Cross RF over LF, step LF to L side, tap R heel to R diagonal

5-6 Step RF to R side, touch LF on L (rolling hips)

7-8 1/4 R Step LF back, touch RF forward 3:00 (rolling hips)

SEC2: SYNCOPATED ROCKING CHAIR, FWD SHUFFLE, TOUCH FWD ,TOUCH SIDE,1/2 L TURN SAILOR STEP

1&2& Step RF fwd , recover LF on L , rock RF back , recover LF on L

3&4 Fwd shuffle RLR

5-6 Touch LF fwd, touch LF to L side

7&8 1/2 L turn step LF back, step RF beside LF, step LF fwd 9:00

Sec 3: TOE STRUT, CROSS, POINT (OUT IN OUT), TOGETHER, BRUSH, HITCH, BACK, COASTER STEP

1&2 Touch RF beside LF,tap R heel to R diagonal,step RF over LF

3&4& Touch LF to L side, touch LF beside RF, touch LF to L side, step LF beside RF

5&6 Brush RF forward, hitch R knee up, step RF back (weight on RF)

7&8 Step LF back, step RF beside LF, step LF forward

Sec 4: HIP BUMPS RLR, 1/2 L HIP BUMPS LRL, SYNCOPATED POINT RLR, CLAPS TWICE

1&2 Put RF forward & bump hip to R,bump hip to L,recover hip to R
3&4 1/2 L put LF forward & bump hip to L,bump hip tp R,recover hip tp L
5&6& Touch RF to R side,step RF together,touch LF to L side,step LF together

7&8 Touch RF to R side,,clap both hands twice 3:00

Happy Dancing!!

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