

Cool If You Wanna

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Frank Heelan (IRE) - September 2018
音樂: "Cool if you Wanna" By CB30 - 3mins 2sec.



Intro: 16 Counts.

Sec. 1: Side, back rock, recover, side, together, forward together, lunge, back, together back drag, coaster step.

1-2& Long step to right, rock left behind, recover to right.
3&4 Step left to left, right together, step left forward.
&5 Step right next to left, lunge forward left.
6&7 Step back right, left together, long step back on right dragging left back to right.
8&1 Step back left, right together, forward left. (12.00)

Sec. 2: Cross, back, back, behind side step, turn, turn, step, rock recover, turn.

2&3 Cross right over left, turn 1/8 right stepping back left, step back right. (1.30)
4&5 Step left behind, turn 1/8 right stepping right to right, step forward left. (3.00)
6&7 Turn 1/2 left stepping back on right, turn 1/2 left stepping forward left, forward right.
8&1 Rock forward left, recover to right, turn 1/4 left long step to side.

Sec. 3: Rock back, recover, side, rock back recover side, behind, turn, step, step, turn, turn.

2&3 Rock right behind left, recover to left, long step right to right.
4&5 Rock left behind right, recover to right, long step left to left.
6&7 Step right behind, turn 1/4 left stepping forward left, step forward right.
8&1 Step forward left, pivot 1/2 right, turn 1/2 right stepping back on left. (9.00)

Sec 4: Shuffle back right, shuffle back left, rock back recover, 1/4 left, side together.

2&3 Step back right, left together, back right.
4&5 Step back left, right together, back left.
6-7 Rock back on right, recover to left
8& Turn 1/4 left stepping right to right, step left next to right (6.00)

(Ready to start again with long step to right)

At the end of wall there is one Tag facing 12.00

Tag Mambo forward, mambo back, side rock cross, side rock recover, step left next to right.

1&2 Rock forward on right, recover to left, step right next to left.
3&4 Rock back on left, recover to right, step left next to right.
5&6 Rock right to right, recover to left, cross right over left.
7-8& Rock left to left side, recover to right, step left next to right.

(Ready to start again with long step to right)

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