

This Flower

拍數: 64 牆數: 4 級數: Improver 2S
編舞者: Sandra Schuler (CH) - August 2018
音樂: This Flower - Kasey Chambers



Start: after 16 counts

Step, Touch behind, Back, Kick, Slow Coaster Step, Hold

1, 2 Step RF forward, touch L toe slightly back
3, 4 Step LF back, kick RF forward
5, 6 Step RF back, Step LF next to RF
7, 8 Step RF forward, Hold

Side Rock, Back Rock, Step-Lock-Step, Hold

1, 2 Rock LF to left side, Recover to RF
3, 4 Rock LF back, Recover to RF
5, 6 Step LF forward, Lock RF behind LF
7, 8 Step LF forward, Hold

Side Rock, Cross, Hold, Side Rock ¼-Turn r, Step, Hold

1, 2 Rock RF to right side, Recover to LF
3, 4 Cross RF over LF, Hold
5, 6, Rock LF to left side, ¼-Turn right and Recover to RF -3
7, 8 Step LF forward, Hold

Walk/Sweep Hold (r + l), Side Rock, Step, Hold

1, 2 Step RF forward with a sweep, Hold
3, 4 Step LF forward with a sweep, Hold
5, 6 Rock RF to right side, Recover to LF
7, 8 Step RF forward, Hold

Step, Touch behind, Back, Kick, Slow Coaster Cross, Hold

1, 2 Step LF forward, touch R toe slightly back
3, 4 Step RF back, kick LF forward
5, 6 Step LF back, Step RF next to LF
7, 8 Cross LF over RF, Hold

Weave (side-behind-side-cross), Side, Drag, Back Rock

1, 2 Step RF to right side, Cross LF behind RF
3, 4 Step RF to right side, Cross LF over RF
5, 6 A longer Step to right side, drag LF to RF (don't set foot down)
7, 8 Rock LF back, Recover to RF

Forward Rock, ¼-Turn l mit Side, Hold, Jazzbox

1, 2 Rock LF forward, Recover to RF
3, 4 ¼-Turn left and step LF to left side, Hold-12
5, 6 Cross RF over LF, Step LF back
7, 8 Step RF to right side, Step LF forward

Side, Touch, Side Touch, ¼ Turn l mit Side, Touch, Side, Touch

1, 2 Step RF to right side, touch L toe next to RF
3, 4 Step LF to left side, touch R toe next to LF

5, 6 ¼-Turn left and Step RF to right side, touch L toe to RF -9
7, 8 Step LF to left side, touch R toe next to LF

Contact: sandra.schuler68@gmx.ch - www.linedancechoreossandraschuler.jimdo.com
