

Simple

拍數: 32 牆數: 4 級數: Improver
編舞者: Jean Welser (USA) - September 2018
音樂: Simple - Florida Georgia Line



#16 count intro.

OUT/OUTS AND SAILORS (1-8)

1&2&3&4& Point to right side with right, replace right and point left to left side, replace left; right heel forward, replace, point left back and replace (out/outside have hopping appearance)
5&6,7&8 Sailor (back triple) in place- right, left, right; sailor with ¼ turn left -left, right, left

TWISTS AND BACK STEPS (9-16)

1,2,3,4 Four diagonal twists to right with feet together – heels right, toes right, heels right, toes right (alternative to twists, four steps in place – right, left, right, left)
5,6,7,8 Step back right, left, right; make ¼ turn to right and point left foot to left side

SYNCOPATED VINE AND MONTEREY (17-24)

1&2&3&4 Make fast vine to right starting with left foot behind; left, right, left, right, left, right, left (keep feet close together as the syncopated vine is fast)
5,6,7,8 Monterey ¼ to right (point right foot to right side, turn ¼ to right stepping on right foot, point left foot to left side and close with left foot)

JAZZ AND BOPS (25-32)

1,2,3,4 Jazz box – cross right over left, left out to side, right to side, close left
5,6,7,8 Step forward right, pivoting ½ turn to left, transfer weight to left foot, step on right while “bopping” right knee inward, then bop left knee inward

Restart is on wall three, after the first 16 counts (ending with left foot pointed). Then, out/outside.

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Last Update - 8th Sept. 2018