Be My Guest Tonight



拍數: 32 牆數: 4 級數: High Beginner 編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - September 2018

音樂: Be My Guest - Emile Ford



Intro: 16 Counts

Sec 1: Prizzy Walks R,L,R,L(with finger snaps)

1-2-3-4 RF. Step across LF - Hold (snap your fingers to R) - LF. Step across RF - Hold (snap your

fingers to L)

5-6-7-8 RF. Step across LF - Hold (snap your fingers to R) - LF. Step across RF - Hold (snap your

fingers to L)

Sec 2: Rumba Box

1-2-3-4 RF. Step to R side - LF. Step together - RF. Step back - LF. Touch toe beside RF

5-6-7-8 LF. Step to L side - RF. Step together - LF. Step forward - RF. Touch toe beside LF *Restart

Point*

Sec 3: Lindi Shuffle, Back Rock, Recover, 1/4 Turn R, Step To L Side, Cross Shuffle

1&2 RF. Step to R side - LF. Step together - RF. Step to R side

3-4 LF. Rock backward - RF. Recover

5-6 LF. 1/4 Turn R step back - RF. Step to R side (3:00)

7&8 LF. Cross over RF - RF. Step to R side - LF. Cross over RF

Sec 4: R Scissor Step, Hold & Clap, L R Scissor Step, Hold & Clap

1-2-3-4 RF. Step to R side - LF. Step together - RF. Cross over LF - Hold & Clap LF. Step to L side - RF. Step together - LF. Cross over RF - Hold & Clap

Start Again

RESTART: during the 5th wall (12:00) dance up to count 16 and restart de dance

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