

All I Am IS YOU

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - August 2018
音樂: All I Am - Jess Glynne : (iTunes)



Starts: 16 Counts - Squence 64,64,16,48,64,48,64 56 Finishes at Front.

Behind, Side, Side (Slow Sailor Step), Sailor Step, Behind, Side, Cross Shuffle.

1-3 Cross step Left behind Right, step Right to Right side, step Left to Left side
4&5 Cross step Right behind Left, step Left to Left side, step Right to Right side.
6-7 Cross step Left behind Right, step Right to Right side.
8&1 Cross step Left across Right, step Right to Right side, cross step Left across Right.

Point, Hold, & Point & Point, Cross, Back, Side.

2-3 Point Right toe to Right side, Hold.
&4&5 Step Right next to Left , point Left toe to Left side, step Left next to Right, point Right toe to Right side.
6-8 Cross step Right over Left, step back on Left, step Right to Right side. (*R*)

Step, Together, Lock Step Back, 1/2, Together, Lock Step Back.

1-2 Step forward on Left, step Right next to Left.
3&4 Step back on Left, lock Right over Left, step back on Left.
5-6 Make 1/2 turn to Right stepping forward on Right, step Left next to Right. (6.00)
7&8 Step back on Right, lock Left over Right, step back on Right.

Reverse Rocking Chair, 1/2 Shuffle, Step 1/4 Pivot.

1-2 Rock back on Left, recover on Right.
3-4 Rock forward on Left, recover on right.
5&6 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left. Make 1/4 turn to Left stepping forward on Left. (12.00)
7-8 Step forward on Right, pivot 1/4 turn to Left. (9.00)

Cross, Sweep, Cross, Sweep, Step, Tap, & Heel, Ball Step.

1-2 Cross step Right over Left, sweep Left from back to front travel forward slightly.
3-4 Cross step Left over Right, sweep Right from back to front travel forward slightly.
5-6& Step forward on Right, tap Left toe next to Right, step back on Left.
7&8 Tap Right heel forward, step Right next to Left, step forward on Left.

1/4, Cross Shuffle, 1/4, 1/2, Walk,Walk,Walk.

1 Make 1/4 pivot turn to Right. (12.00)
2&3 Cross step Left across Right, step Right to Right side, cross step Left across Right.
4-5 Make 1/4 turn to Left stepping back on Right, make 1/2 turn to Left stepping forward on Left. (3.00)
6-8 Walk forward R-L-R (**R**) (See note at bottom about last Walk before restart)

Rock, Recover, 1/2, Shuffle, 1/4 Chasse, Back Rock, Recover.

1-2 Rock forward on Left, recover back on Right.
3&4 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, make 1/4 turn to Left stepping forward on Left.(9.00)
5&6 Make 1/4 turn to Left stepping Right to Right side, step Left next to Right, step Right to Right side. (6.00)
7-8 Cross rock Left behind Right, recover on Right.

Tap Ball Cross, 1/4, 1/2, Step, Lock, Step, Step.

- 1&2 Tap Left toe next to Right, step Left to Left side, cross step Right over Left.
3-4 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right. (3.00)
5-6 Step forward on Left slightly to diagonal , lock Right behind Left.
7-8 Step forward on Left slightly to diagonal, step diagonal forward on Right. (You will need to emphasize this diagonal to Right to start the dance again :))

Restart on Wall 3: Dance Up To and Including Count 16 Section 2 Then Restart Dance.

Restarts on Walls 4&6

Dance Up To and Include Count 48 Section 6 Then Restart. (PLEASE NOTE on the restart wall the last step of the 3 walks is done slightly to the Right diagonal as it will be easier to start again :))

Dance will Finish at Front Wall :) Dance Up to and including Step 56 Section 7 then add step Left to Left side for finish :)
