

Live Long

拍數: 48 牆數: 4 級數: Phrased Intermediate
編舞者: Barbara R. K. Wallace (CAN) & Rob McKean (CAN) - September 2018
音樂: Long Live the Night - The Reklaws



Dance Sequence: 8 Count Intro A,A,B,A,A,Tag,A,B,A,A,A,B,Tag,A,Tag,A,A,Tag

Part A: 32 counts

A1: Vine 2, Ball Cross, Vine 2 Ball Cross, Step, Touch

1-2&3 Step side right, cross L behind R, step together on ball of R, cross L over R
4-5&6 Step side right, cross L behind R, step together on ball of R, cross L over R
7-8 Step side right, touch L beside R

A2: Side Step, Hold, Step Together, Side Step, Hold, Together, ¼ Shuffle, Rock, Recover

9-10&11-12& Step side left, hold, step together on R, step side left, hold, step together on R
13&14 Step side left on L making a ¼ turn left, step together on R, step forward on L
15-16 Rock forward on R, recover on L

A3: ½ Turn Shuffle, Ball Step, Kick, Together, Point, Hold, ¾ Cross Unwind

17&18 Make a ½ turn right stepping forward on R, step together on L, step forward on R
&19-20 Step together on ball of L, step forward on R, kick L
&21-22 Step together on L, point R to right side, hold
23-24 Cross R over L and unwind ¾ turn left ending with weight on L

A4: Walk Forward, Anchor Step, Step Together, Shuffle, ¼ Turn and Touch

25-26 27&28 Walk forward R-L, rock back on R, recover on L, rock back on R
&29&30 Step together on L, step forward on R, together on L, forward on R
31-32 Step forward on L making a ¼ turn right, touch R beside L

Part B: 16 counts

B1: Rock, Recover, ½ Turn, Strut, Rock, Recover, Coaster

1-2 &3-4 Rock forward on R, recover on L, make a ½ turn right on L, step forward on R toe, step down on R
5-6 7&8 Rock forward on L, recover on R, step back on L, together on R, forward on L

B2: Rock, Recover, ½ Turn, Strut, Rock, Recover, Coaster Cross

9-10&11-12 Rock forward on R, recover on L, make a ½ turn right on L, step forward on R toe, step down on R
13-14 15&16 Rock forward on L, recover on R, step back on L, together on R, cross L over R

Tag - Monterey Turn

1-2-3-4 Point R to right side, make a ½ turn right on L and step down on R, Point L to left side, step together on L

Ending Replace the ½ Monterey turn with a ¼ Monterey turn to the front..