

Coconut Island

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Marita Torres (ES) - March 2018
音樂: On A Coconut Island de A Bunch Of Coconuts



(dance for a Hawaiian summer party)

STEPS FORWARD DIAGONAL RIGHT & LEFT

- 1 RF diagonal forward
- 2 LF next RF
- 3 RF diagonal forward
- 4 LF next RF
- 5 LF diagonal forward
- 6 RF next LF
- 7 LF diagonal forward
- 8 RF next LF

TOE STRUT, ROCK SIDE CROSS

- 1 RF toe diagonal right
- 2 Drop right heel
- 3 LF toe over RF
- 4 Drop left heel
- 5 RF rock to right side
- 6 Recover to LF
- 7 RF cross over LF
- 8 Hold

TOE STRUT, ROCK SIDE CROSS

- 1 LF toe diagonal left
- 2 Drop left heel
- 3 RF toe over LF
- 4 Drop right heel
- 5 LF rock to left side
- 6 Recover to RF
- 7 LF cross over RF
- 8 Hold

STEPS BACK, SWAY

- 1 RF long step back (bring your right hand to your heart)
- 2 Hold
- 2 LF long step back next to RF (cross the left hand on the right hand)
- 4 Hold
- 5 Hips to right (arms move up)
- 6 Hips to left (arms move up)
- 7 Hips to right (movement of arms down)
- 8 Hips to left (movement of arms down)

VOLVER A EMPEZAR