

Nickels & Dimes

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Tania André (BEL) - August 2018
音樂: Nickels and Dimes - Dolly Parton



Intro: 16 counts

[1-8] Rock Step, Back Ball Step, Step Back, Back Rock Step, Fwd Step Lock Step

1-2 RF rock step - Recover
&3-4 RF back ball step – RF step back
5-6 LF back rock step – Recover
7&8 LF fwd step lock step

[9-16] Step, ¼ Turn Pivot Left, Step, Touch, Step Side, Kick Ball Cross, Side Rock Step

1-2 RF step fwd – Pivot ¼ T left weight on LF (09.00)
3-4 RF touch next to LF – RF step right
5&6 LF kick ball cross
7-8 LF side rock left – Recover

[17-24] Touch Back, Pivot ½ Turn L, Sailor Step, Sailor Step, Step, Pivot ½ Turn L

1-2 Touch LF behind RF – Pivot ½ T left weight on LF (03.00)
3&4 RF sailor step
5&6 LF sailor step
7-8 RF step fwd – Pivot ½ T left weight on LF (09.00)

Tag here on 2nd Wall & Restart on 2nd & 6th Wall

[25-32] Heel Grind ¼ Turn R, Back Rock Step, Side Rock Step, Sailor step ¼ Turn R

1-2 RF heel grind ¼ T right (12.00)
3-4 RF back rock step – Recover
5-6 RF side rock right – Recover
7&8 RF sailor step ¼ T right (03.00)

[33-40] Rock Step, Back Shuffle, Coaster Step, Sailor Step

1-2 LF fwd rock step – Recover
3&4 LF back shuffle

Restart on 4th Wall

5&6 RF coaster step
7&8 LF sailor step

Start again

Tag on 2nd Wall after count 24 and restart from the beginning

1-4 RF rocking Chair

Restarts

on 2nd Wall after the Tag, start from the beginning

on 4th Wall dance to count 36 and start from the beginning

on 6th Wall dance to count 24 and start from the beginning

Ending : Dance to count 24 and add

RF step fwd – Pivot ¼ Turn Left & RF Stomp

