

Mamma Mia

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Susan Prats (USA) - August 2018
音樂: Mamma Mia - ABBA : (Album: 5th Anniversary Year)



Right lead

V-STEP X 2

1-2 Step R to forward right (1), step L to forward left (2)
3-4 Step R back to center (3), step L next to R (4)
5-6 Step R to forward right (5), step L to forward left (6)
7-8 Step R back to center (7), step L next to R (8)

ROCKING CHAIR X 2

1-4 Rock R forward (1), step L in place (2), rock R back (3), step L in place (4)
5-8 Rock R forward (5), step L in place (6), rock R back (7), step L in place (8)

STEP RIGHT, LEFT, TRIPLE TO RIGHT, STEP LEFT, RIGHT, TRIPLE TO LEFT

1-2, 3&4 Step R (1), L together (2), triple R (3), L (&), R (4) to right
5-6, 7&8 Step L (5), R together (6), triple L (7), R (&), L (8) to left

PADDLE 1/8 LEFT X 2, BOUNCE 4

1-2 Step R forward (1), paddle 1/8 L (2)
3-4 Step R forward (3), paddle 1/8 L (9:00) (4)
5-8 Bounce on both heels (5), (6), (7), (8)

Restart
