

Take It To The Limit

COPPERKNOB
STEPSHEETS

拍數: 48

牆數: 2

級數: Intermediate Classic Rise & Fall
waltz



編舞者: Evelyne Sterckendries (BEL) - August 2018

音樂: Take It to the Limit - Waylon Jennings & Willie Nelson

RF Forward, 1/2 turn R LF Backward, RF Backward, Pirouette 2X, LF Backward

- 1 RF Forward
- 2 LF 1/2 turn R step backward (6:00)
- 3 RF Backward
- 4 LF Backward 1/2 turn R RF Hitch (12:00)
- 5 RF Forward 1/2 turn R LF Hitch (6:00)
- 6 LF Backward

1/8 turn D RF forward, Sweep 1/2 turn R, Contra check, LF Backward

- 7 RF 1/8 turn R step forward (7:30)
- 8 LF Start sweep
- 9 RF Finish sweep (1:30)
- 10 LF Cross over
- 11 RF Recover weight
- 12 LF Backward

Syncopated Step 1/2 turn R, LF Forward, Contra check, 1/4 turn R RF Side

- 13 RF Cross over LF
- & LF Backward
- 14 RF 1/2 turn R step forward (7:30)
- 15 LF Forward
- 16 RF Cross over
- 17 LF Recover weight
- 18 RF 1/4 turn R step side (9:00)

LF Forward, RF Forward, Full turn L Aerial Ronde, Behind, Side, 1/8 turn R LF Cross

- 19 LF Forward
- 20 RF Forward Full turn L
- 21 RF Bend knee and extend LF in an arc
- 22 LF Finish arc and step backward
- 23 RF Step side
- 24 LF 1/8 turn R cross over RF (10:30)

RF Forward, LF Kick, LF Back, 1/2 turn R RF forward, LF forward

- 25 RF Forward (10:30)
- 26 LF Kick
- 27 Hold
- 28 LF Backward
- 29 RF 1/2 turn R step forward (4:30)
- 30 LF Forward

Twinkle, LF Forward, Side, 1/2 turn L (Hinge)

- 31 RF Forward
- 32 LF Forward
- 33 RF 1/4 turn R step forward (1:30)
- 34 LF Forward

- 35 RF 1/8 turn L step side (12:00)
- 36 LF 1/2 turn L step side (6:00)

RF Forward, Touch, Hold, Reverse Coaster Step

- 37 RF Forward
- 38 LF Touch L
- 39 Hold
- 40 LF Forward
- 41 RF Together
- 42 LF Backward

RF Backward, 1/2 turn L,.LF Forward, Touch, Hold.

- 43 RF Backward
- 44 LF 1/2 turn L step forward (6:00)
- 45 RF Forward
- 46 LF Forward
- 47 RF Touch R
- 48 Hold

Restart : During 3rd wall after 42 counts (12:00)

Contact: evelyne_sterckendries@msn.com
