

# Gettin' Down

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jen Rogers (UK) - August 2018  
音樂: Hicktown - Jason Aldean



**\*\*NO TAGS, NO RESTARTS\*\***

## **TRIPLE BACK WITH HITCH (x2), ROCK, STEP, FULL TRIPLE TURN**

1&2      step right foot back (1), step left together (&), step right back as you hitch left knee (2) (12:00)  
3&4      step left foot back (3), step right together (&), step left foot back as you hitch right (4) (12:00)  
5-6      rock back onto right (5,) step forward on left (6) (12:00)  
7&8      turn ½ left as you step back onto right foot (7), left together (7), turn ½ left as you step right foot Forward (8) (12:00)

## **STEP LEFT, TOUCH RIGHT, STEP RIGHT, TOUCH LEFT, HIPS LEFT (x2), HIPS RIGHT (x2)**

1-2      step left forward to the diagonal (1), touch right (2) (12:00)  
3-4      step right forward to the diagonal (3), touch left (4) (12:00)  
5-6      two hip bumps to the left (5,6) (12:00)  
7-8      two hip bumps to the right (7,8) (12:00)

## **SINGLE HIP BUMPS (OR ROLLS) x4, ¼ TURNING LEFT SHUFFLE, FULL TURN**

1-2      bump or roll hips to the left (1), bump or roll hips to the right (2) (12:00)  
3-4      bump or roll hips to the left (3), bump or roll hips to the right (4) (12:00)  
5&6      ¼ turning shuffle to the left – left (5), right together (&), step left forward (6) (9:00)  
7-8      ½ turn left, stepping back onto right foot (7), ½ turn left stepping forward onto left (8) (9:00)

## **STEP, TOE, STEP, HEEL, HEEL JACKS (step, cross, step, heel)**

1-2      step right foot forward (1), touch left toe just behind right foot (2) (9:00)  
3-4      step back onto left (3), right heel forward (4) (9:00)  
&5&6      step right (&), cross left over right (5), step right (&), left heel (6) (9:00)  
&7&8      step left (&), cross right over left (7), step left (&), right heel (8) (9:00)

**Repeat and have fun!!!**

Email Jen with any questions at [mamarogers82@gmail.com](mailto:mamarogers82@gmail.com)