

Lost In Japan

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Shea McCafferty (USA) - August 2018
音樂: Lost in Japan - Shawn Mendes



Count In: The Dance Starts Approx. 22 Seconds into track when He starts singing "All I'd take is one flight"
Notes: One Restart. Sequence: ABABAB 16B BAA

Section A: 32 counts End Facing

A[1 – 8] R Press, R hitch 1/4 turn, Triple Run 1/2 Turn, Kick L side, Kick L front, L press, 1/2 Turn over L

1 2 Press R fwd (1) Hitch R knee up making 1/4 turn over right (2) 3
3&4 Step R fwd making 1/4 turn over right (3) Step L next to R 1/8 turn (&) Cross R over L making
 1/8 turn (4) 9
5 6 Kick L out to left side (5) Kick L to the front (6) 9
7 8 Press L out to left side (7) Make turn over left swinging L around left side (8) *End Pressing L
 to left side (Prep Step) 3

A[9 – 16] L Samba 1/4 turn, R Samba ¼ Turn, L Out, R Out, Hold, R Ball step side

1&2 Cross L over right (1) Step R back making 1/4 turn (&) Step L slightly back (2) 12
3&4 Step R behind L (3) Step L fwd making 1/8 turn (&) Step R fwd making 1/8 turn (4) 9
5 6 Step L out (5) Step R out (6) *styling option: roll knees out as you step 9
7 &8 Hold (7) Step R next to left (&) Step L to left side (8) 9

A[17 – 24] L Sway, 1/4 Turn Sweep, Cross Side Behind, Side Skate R, Skate L, Skate R, Shuffle Step L

1 2 Sway Body to left (1) Making 1/4 turn over right, Sweep left around (2) 12
3&4 Cross L over R (3) Step R to right side (&) Step L behind R (4) 12
5 6& Press R to right side (5) Slide L to left side (6) Slide R to right side (&) *Slightly Travel
 Forward On Skates 12
7&8 Step L to left side (7) Step R next to L (&) Step L to left side (8) *Slightly Travel Forward 12

A[25 – 32] Box Turn, ¼ Pivot Turn, ¼ Pivot Turn

1 2 Make 1/4 turn over left stepping R to side (1) Make 1/4 turn left stepping L to left side (2) 6
3 4 Make 1/4 turn over left stepping R to right side (3) Make 1/4 turn left stepping L to left side (4)
 12
5 6 Step R forward (5) Make a ¼ turn pivot to left (6) Step R forward (7) Make a ¼ turn pivot to
 left (8) 6

Section B: 32 counts

B[1 – 8] R Step, L Point, L Jazz Box ¼ turn, R Step, L Touch, L Back Sweep, R Back Sweep

1 2 Step R fwd (1) Point L to left side (2) 6
3&4 Cross L over R (3) Step R back making ¼ turn left (&) Step L to left side (4) 3
5 6 7 8 Step R fwd (5) Touch L in front of R (6) Back Sweep L (7) Step L back sweeping R
 backwards (8) 3

B[9 – 16] R Sailor ¼ Turn, L Hitch Touches Front/Back, L ½ Pivot Turn, L Step Forward, Step Together

1&2 Step R behind left (1) Step L next to R doing ¼ turn over right (&) Step R Forward (2) 6
3 4 Small Hitch L knee, Press L fwd Angling body to right diagonal (3) Small Hitch L knee, Press
 L back Angling body to left diagonal (3) *Think of This as a press and Press, Weight never
 moves from right 6
5 6 7 8 Step L forward (5) Pivot turn over right taking weight right (6) Take a large step fwd left (7)
 Step R next to L (8) ** Restart spot: Modify count 8 to touch R next to L 12

B[17 – 24] Toe Swivel, R Hip Raise and Sit, L Walk Back, R Walk Back, L Rock Back, R Recover

1&2 Open toes, heels together (1) separate heels, toes together (&) Open toes, heels together (2)
12
3&4 Push right hip up (3) push left hip to left side (&) push right hip down into sitting position (4)
weight ends right 12
5 6 Walk Back L (5) Walk Back R (6) *Styling Option: Make it Funky 11:30
7 8 Rock L Back (6) Recover weight right (8) 11:30

B[25 – 32] ½ Turn, ½ Turn, L Rock, R Recover, ½ Turn, ½ Turn, L Behind R Side, L Forward with a R Flick

1 2 Make ½ Turn over right stepping L back (1) Make ½ Turn over right stepping R forward (2)
11:30
3 4 Rock L forward (3) Recover weight R (4) 11:30
5 6 Make ½ Turn over left stepping L forward (5) Make ½ turn over left stepping R forward (6)
11:30
7&8 Make 1/8 turn stepping L behind R (7) Step R to right side (&) Step L forward while Flicking R
foot Back (8) 12

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