

# Heartbreak Overload

COPPER KNOB  
BYEFOOTSTEPS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Aaron Ealand (UK) - August 2018  
音樂: Missing You - John Waite



Start on vocals

## Section 1: R cross side and heel jack, L cross $\frac{1}{4}$ , $\frac{1}{4}$ touch.

1-2            Cross right foot over left foot, step to side on left foot.  
3&4           Step right foot back, step back on left foot, touch right heel forward  
&5-6          Cross left foot over right foot, step  $\frac{1}{4}$  to left on right foot  
7-8           Step  $\frac{1}{4}$  on left foot to left side, touch right foot next to left foot.

## Section 2: R chasse, rock back, recover, shuffle $\frac{1}{4}$ to R, rock back, recover.

1&2           Step to right side on right foot, bring left foot next to right foot, step to right side on right foot.  
3-4           rock back on left foot, recover.  
5&6           Step to left side on left foot, bring right foot next to left foot, step back a  $\frac{1}{4}$  to right on left foot  
7-8           Rock back on right foot, recover.

## Section 3: Full turn to L on R, L, shuffle fwd on R, $\frac{1}{2}$ to R on L, shuffle fwd on L.

1-2           Step a full turn to left on right foot, left foot.  
3&4           Step forward on right foot, left foot, right foot.  
5-6           Step  $\frac{1}{2}$  to right on left foot.  
7&8           Step forward on left foot, right foot, left foot.

Non turning option- step forward on right foot, step forward on left foot

## Section 4: R side hold, L together, R side, L touch, $\frac{1}{4}$ to L, step $\frac{1}{2}$ to L on R, L coaster step.

1-2           Step to right side on right foot and hold.  
&3-4          Step left foot next to right foot, step right foot to right side, touch left foot next to right foot.  
5-6           Step  $\frac{1}{4}$  to left, step back  $\frac{1}{2}$  turn to left on right foot.  
7&8           Step back on left, step back on right, step forward on left foot

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I hope you enjoy dancing to my first choreographed line dance. This dance fits to many different tracks.