

The Flower

拍數: 51 牆數: 4 級數:
編舞者: Maureen McShane (IRE) - August 2018
音樂: The Flower That Shattered The Stone - Steve Wariner : (Album: I Got Dreams - iTunes)



Intro: 30 count intro. Dance starts on the word "Earth"

[1 - 6] Left Basic forward, Right basic back

1,2,3 Step Left forward, step right forward, step left together
4,5,6 Step Right back, step left back, step right together

[1 - 6] Half turn basic, Right basic back

1,2,3 Step left forward, make a half turn over your left shoulder stepping right back, step left back
4,5,6 Step right back, step left back, step right together

[1 - 6] Step point x 2

1,2,3 Angling the body to 4.30, step weight onto left, point right, hold
4,5,6 Angling the body to 7.30 step weight back onto right, point left, hold.*

***Restart here wall 3**

[1 - 6] Weave Right, Step, Drag

1,2,3 Crossing left over right, stepping right to the side, step left behind right (weight on left)
4,5,6 Step right to the side, drag left in for counts 5 and 6

[1 - 6] Quarter Turn, Half Turn, Quarter Turn, Rock

1,2,3 Make a quarter turn left step left forward, make half a turn left step right back, make a quarter turn left step left to left side.
4,5,6 Rock forward onto right crossing right over left, recover back onto left (5) step right beside left for 6 (facing 4.30)

[1 - 6] Half Diamond Fallaway

1,2,3 Facing 4.30, Step forward left, make 1/8 of a turn right stepping right to the right side, then make 1/8 of a turn left stepping back onto left,
4,5,6 Step back right, make 1/8 of a turn left stepping left to left side, make 1/8 of a turn left stepping right forward

[1 - 6] Step Half Sweep, Basic Forward

1,2,3 Step left forward, make a half a turn left sweeping right foot for counts 2, 3,
4,5,6 Rock Right foot over left, recover weight onto the left, close right next to left

[1 - 6] Half Diamond Fallaway

1,2,3 Step forward left, step right to right side, make 1/8 of a turn stepping back onto the left
4,5,6 Step back right, make 1/8 of a turn left stepping left to left side, step forward right (facing 3 o'clock)

[1 - 3] Step, step, touch

1,2,3 Step left forward, step right forward, touch left beside right

Begin again!

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