

Worn Out Memory

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Magali CHABRET (FR) - August 2018
音樂: Worn out Memory - Lauren Jaimes : (CD: Here To Stay)



#16 counts intro

S1 : PIVOT ½ L, STEP, HOLD ½ R, ¼ R, CROSS, HOLD

1 – 4 Step Rf forward - pivot 1/2 turn left - step Rf forward - hold (6:00)
5 – 8 Turn 1/2 right stepping back on Lf - turn 1/4 right stepping Rf to side - cross Lf over Rf - Hold (3:00)

S2 : SIDE, BEHIND, SIDE, POINT, ¼ L, HOLD, ½ L, HOLD

1 – 4 Step Rf to side - step Lf behind Rf - step Rf to side - point left toes to left side
5 – 8 Turn 1/4 left stepping Lf forward - hold - turn 1/2 left stepping Rf back - hold (6:00)

S3 : 3 WALKS BACK, HOLD, R COASTER STEP, HOLD

1 – 4 Step Lf back - step Rf back - step Lf back - hold
5 – 8 Step back on ball of Rf - close Lf next to Rf - step Rf forward - hold

S4 : STEP LOCK STEP DIAG L, BRUSH, STEP LOCK STEP DIAG R, SWEEP

1 – 4 Step Lf diagonally forward - lock Rf behind Lf - step Lf diagonally forward - brush Rf
5 – 8 Step Rf diagonally forward - lock Lf behind Rf - step Rf diagonally forward - sweep Lf from front to back

S5 : CROSS, BACK, SIDE, HOLD, CROSS, ¼ R, SIDE, HOLD

1 – 4 Cross Lf over Rf - step back on Rf - step Lf to side - hold
5 – 8 Cross Rf over Lf - turn 1/4 right stepping back on Lf - step Rf to side - hold (9:00)

S6 : STEP, FULL TURN L, HOLD, TOE STRUT R/L

1 – 4 Step Lf forward - turn 1/2 left stepping Rf back - turn 1/2 left stepping Lf forward - hold (9:00)
5 – 8 Step right toes forward - drop right heel - step left toes forward - drop left heel * * Tag / Restart **

S7 : STEP, PIVOT ½ L, HOLD, FULL TURN L, HOLD

1 – 4 Step Rf forward - step Lf forward - pivot 1/2 turn right (weight on Rf) - hold (3:00)
5 – 8 Step Lf forward - turn 1/2 left stepping back on Rf - turn 1/2 left stepping Lf forward - hold (3:00)

S8 : ROCKING CHAIR R, PIVOT ¼ L, CROSS, HOLD

1 – 4 Rock Rf forward - recover onto Lf - rock Rf back - recover onto Lf
5 – 8 Step Rf forward - pivot 1/4 turn left (weight on Lf) - cross Rf over Lf - hold (12:00)

S9 : START FIGURE 8 VINE WITH HOLDS

1 – 4 Step Lf to side - step Rf behind Lf - turn 1/4 left stepping Lf forward - hold (9:00)
5 – 8 Step Rf forward - pivot 1/2 turn left (weight on Lf) - turn 1/4 left stepping Rf to side - hold (12:00)

S10 : FINISH FIGURE 8 VINE, FWD ROCK, L COASTER ¼ R, HOLD

1 – 2 Cross Lf behind Rf - turn 1/4 right stepping Rf forward (3:00)
3 – 4 Rock Lf forward - recover onto Rf
5 – 8 Step back on ball of Lf - turn 1/4 right stepping Rf next to Lf - step Lf forward - hold (6:00)

S11 : RUMBA BOX R

1 – 4 Step Rf to side - close Lf next to Rf - step Rf back - hold
5 – 8 Step Lf to side - close Rf next to Lf - step Lf forward - hold

S12 : STEP, ½ L, ½ L, HOLD, L COASTER STEP, HOLD

1 – 4 Step Rf forward - pivot 1/2 turn left (weight on L) - turn 1/2 left stepping Rf back - hold (6:00)
5 – 8 Step ball of Lf back - close Rf next to Lf - step Lf forward - hold

Tag & Restart : wall 5, dance 48 counts, add this tag, then restart from the beginning, facing 12:00 :

1-8 Cross Rf over Lf - hold - turn 1/4 right stepping Lf back - hold - step Rf to side - hold - step Lf forward - hold

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.**
