

# Nothin Can Stop My 409, 409

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Val Saari (CAN) - August 2018  
音樂: 409 - The Beach Boys



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## WALK FORWARD (RL), MAMBO FORWARD/KICK

1-4      Walk forward, RF, LF  
5-8      Rock forward on RF, Recover LF, Step back on RF, Kick LF Forward

## TOE-STRUTS BACK X 2 (LR), L MAMBO BACK/FLICK PIVOT 1/4 L

1-2      Touch LF toes back, Drop heel  
3-4      Touch RF toes back, Drop heel  
5-6      LF Rock back, RF recover  
7-8      LF close together beside R, Flick R heel up, pivot 1/4 L

## RF CHARLESTON FORWARD, LF CHARLESTON BACK

1-4      Sweep RF toes round to touch forward, Sweep RF toes back  
5-8      Sweep LF toes round to touch back, Sweep LF toes forward

## SHUFFLE FORWARD X 2, (RLR, LRL)

1-4      Shuffle forward RLR, hold  
5-8      Shuffle forward LRL, hold

**REPEAT - No Tags, No Restarts**

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