

# Longtemps

拍數: 48      牆數: 4      級數: Intermediate / Advanced  
編舞者: Amélie Jammart (BEL) - August 2018  
音樂: Longtemps - Amir



## Counter Clockwise

### STEP, SWEEP, ROCK FORWARD, ½ TURN, FULL TURN, 1/2 PIROUETTE TURN, SWAY, SWAY, ROCK FORWARD IN DIAGONALLY

- 1            LF Step forward, with sweep RF
- 2            RF Rock forward
- &            LF Recover
- 3            RF Step ½ turn R
- 4            LF Step ½ turn (12:00)
- &            RF Step ½ turn (6:00)
- 5            LF Pirouette ½ turn (12:00)
- 6            LF Sway
- 7            RF Sway
- 8            LF Rock in diagonally (13:30)
- &            RF Recover

### STEP BACK WITH SWEEP X3, ROCK BACK, KNEE SWIVEL AT THE WALL, SWEEP, FULL TURN

- 9            LF Step back with sweep RF
- 10           RF Step back with sweep LF
- 11           LF Step back with sweep RF
- 12           RF Rock back
- &            LF Recover
- 13           RF Lift right knee up and goes in (12:00)
- 14           RF Right knee go out
- &            RF Right knee go in
- 15           RF Sweeping RF back
- 16           RF Step back and 1 turn weight RF (12:00)

### BASIC STEP, STEP ¼ TURN, PRESSY WALK X2, ROCK FORWARD ½ TURN, FULL TURN

- 17           LF Step side
- 18           RF Step next to LF
- &            LF Step over RF
- 19           RF Step ¼ turn (3:00)
- 20           LF Pressy walk forward
- 21           RF Pressy walk forward
- 22           LF Rock forward
- &            RF Recover
- 23           LF Step ½ turn (9:00)
- 24           RF Step ½ turn (3:00)
- &            LF Step ½ turn (9:00)

### STEP FORWARD WITH SWEEP, CROSS, STEP BACK, STEP ¼ TURN, SWAY, SWAY, ROCK CROSS, ½ TURN, ½ TURN, ½ TURN

- 25           RF Step forward with sweep LF
- 26           LF Cross over RF
- &            RF Step back
- 27           LF Step ¼ turn (6:00)

28 RF Sway  
29 LF Sway  
30 RF Rock cross over RF  
& LF Recover  
31 RF Step ½ turn in diagonally (10:30)  
32 LF Step ½ turn (4:30)  
& RF Step ½ turn (10:30)

**½ TURN, ROCK BACK, BALL STEP, ROCK CROSS, BALL STEP, ROCK CROSS**

33 LF ½ turn (4:30)  
34 RF Rock back  
35 LF Recover  
36 RF Ball step next LF  
& LF Step forward  
37 RF Rock cross over LF to the wall (6:00)  
38 LF Recover  
& RF Ball step side  
39 LF Rock cross over  
40 RF Recover

**BALL STEP, WALK CIRCLE X3, BALL STEP, STEP FORWARD, ROCK CROSS, STEP SIDE**

& LF Ball step next to RF  
41 RF Step forward  
42 LF Step 1/8 turn  
43 RF Step 1/8 turn  
44 LF Step 1/8 turn  
& RF Ball step (9:00)  
45 LF Step forward  
46 RF Rock cross over LF  
47 LF Recover  
48 RF Step side R

**TAG AND RESTART:**

**AT THE WALL 3 AFTER COUNT 30-& MAKE:**

31-32 RF Big rock back

**AND recover LF is the Restart of the dance At count 1**

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