

Still The Same

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Frank Heelan (IRE) - August 2018
音樂: "He Ain't Gonna Change" by Hayden Panettiere & Connie Britton



INTRO: 32 COUNTS

SEC 1: STEP LOCK, STEP LOCK STEP, ROCK STEP, COASTER STEP.

1-2 Step forward right, lock left behind.
3&4 Step forward right, lock left behind, forward right.
5-6 Rock forward left, recover to right.
7&8 Step back left, right together, forward left. (12.00)

SEC 2: BEHIND UNWIND, SIDE ROCK CROSS, SIDE BEHIND, BALL CROSS SIDE.

1-2 Touch right toe back, unwind $\frac{1}{2}$ turn. (6.00)
3&4 Rock left to left, recover to right, cross left over right.
5-6 Step right to right, cross left behind.
&7-8 Step on ball of right, cross left over right, step right to right.

SEC 3: SAILOR $\frac{1}{4}$ LEFT, TURN, TURN, ROCK STEP, BALL STEP, BACK.

1&2 Step left behind right, turn $\frac{1}{4}$ left step right to right, recover to left. (3.00)
3-4 Turn $\frac{1}{2}$ left, step back oh right, turn $\frac{1}{2}$ left stepping forward on left.
5-6 Rock forward on right, recover to left
&7-8 Step ball of right next to left, back left, back right.

SEC 4: BACK, BACK, COASTER STEP, ROCKING CHAIR.

1-2 Step back left, step back right.
3&4 Step back left, right together, step forward left.
5-6 Rock forward on right, recover to left.
7-8 Rock back on right, recover to left. (3.00)

Contact: heelanjohnl@gmail.com