

Diggin'

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amy Glass (USA) - June 2018
音樂: Diggin' - Kovacs : (3:23)



#32 Count Intro. 4 Count Tag at the end of wall 2 (facing 6:00)
Restart wall 5 after 16 counts

[1-8] Look, Recover ¼ R, Rock Recover Cross, Syncopated Jazz Box w/ ¼ R, into Weave

1-2 Take weight on LF looking ¼ L and point RF to R, Recover weight on RF turning ¼ R (3:00)
3&4 Rock LF to L, Recover weight on RF, Cross LF over RF
5&6& Cross RF over LF w/ ¼ R, Step back on LF, RF to R, Cross LF over RF (6:00)
7&8& Step RF to R, Cross LF behind RF, RF to R, Cross LF over RF

[9-16] Dip, Recover, Behind, ¼, Fwd, Touch & Touch & Kick and Point, Close

1-2 Shift weight to R while bending at the knees, Recover weight to LF
(Make a counter-clockwise circle with the back side, dropping down, then back up)
3&4 Step RF behind LF, Turn ¼ L while stepping fwd on LF, Step fwd on RF (3:00)
5&6& Touch LF in front of RF, Step together, Touch RF in front of LF, Step together
7&8& Kick LF fwd, Step LF next to RF, Point RF to R while turning ¼ L, Close RF next to LF

****Restart here on wall 5**

[17-24] Press, Recover ¼, Coaster, Hip Bump Fwd (Press), Back In In, Fwd Out Out

1-2 Press LF to L, Recover weight on RF while turning ¼ L (9:00)
3&4 Step back on LF, Step RF next to LF, Step LF fwd
5&6 Touch R toe fwd while bumping hip R, L, Press fwd on RF
&7&8 Hop back on LF, Close RF next to LF, Hop fwd stepping out on LF, RF

[25-32] Ball Cross, Hold, Ball Cross, Hold, Ball Cross Behind, Side Rock Cross Back x2

&1 Step on the ball of the LF, Cross RF over LF
2 Hold
[option: shoulder shrugs with arms at sides: Shrug L up/R down (&), Shrug R up/L down (2)]
&3 Step on the ball of the LF, Cross RF over LF
4 Hold
[option: shoulder shrugs with arms at sides: Shrug L up/R down (&), Shrug R up/L down (4)]
&5 Step on the ball of the LF, Cross RF behind LF
(Styling: bend knees to take the weight in the R leg)
6&7 Rock LF to L, Recover weight on RF, Cross LF behind RF
&8& Rock RF to R, Recover weight on LF, Cross RF behind LF

Tag: 4 Counts

Following wall 2 facing 6:00

[1-4] Look, Recover x2

1-2 Take weight on LF looking 1/4 L and point RF to R, Recover weight on RF
3-4 Take weight on LF looking 1/4 L and point RF to R, Recover weight on RF

Restart: Wall 5 after 16 counts facing 12:00

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