

# Baam

拍數: 96      牆數: 4      級數: Phrased Improver  
編舞者: Russibell Seoh (KOR) - August 2018  
音樂: Baam (뱀) - MOMOLAND



Intro : 16 Counts - Sequence : AAA BC AAA BC ACA

## PART A : 32 Counts

### Part A Sec.1 : Shuffle dance RLRL , Charleston Step

1234      Shuffle dance RF(1) LF(2) RF(3) LF(4) ( Easy Option : Instead of Shuffle dance , Run in place 1~4 Counts)  
5678      RF Forward Touch(5), RF Step Back(6), LF Back Touch(7) , LF Forward Step(8) .

### Part A Sec.2 : 1/4 R turn Charleston Step , Shuffle dance RLRL

1234      1/4 R Turn RF Forward Touch(1) RF Step Back(2), LF Back Touch(3) , LF Forward Step(4)  
5678      shuffle dance RF(5) LF(6)RF(7) LF(8),  
(Easy Option : Instead of Shuffle dance , Run in place 5~8 Counts)

### Part A Sec.3 : R Grapevine Kick , L Grapevine Kick

1234      Step R to right (1), step L behind R (2), Step R to right (3) LF Kick ( Looking left diagonally.)(4)  
5678      Step L to left (5), step R behind L(6), Step L to left(7)  
RF Kick (Looking right diagonally )(8)

### Part A Sec4 : Syncopated Jazz Box , Cross , Side ,Step Forward, 1/2 R Pivot turn , LF Forward step &Hip Pump (Left Right Left)

12&34      Cross RF over RF (1) Step Back LF (2) Step LF To Left Side( &)  
Cross LF Over Rf (3) Step RF To right (4)  
567&8      Step LF forward(5) , pivot 1/2turn to the right (6) Step Lf Forward &Left Hip Pump (7) Right Back Hip Pump ( & ) Left Forward Hip Pump (8) .

## Part B : 32 Counts( Only Facing 3:00 )

### Part B Sec.1 : Forward and Back Hip Rolling (or Hip Pump)\*3 , LF together , Chest Pump .

123456      (As part A ends, keep your left foot in front ) Three Times Hip Rolling or Hip Pump L(1) R(2) L(3) R (4) L (5) R (6)  
7&8      Step LF Next To RF &Chest Pump Forward (7) Chest Pump Back (&)  
Chest Pump Forward (8)

### Part B SEC.2: RF Forward Touch &Forward and Back Hip Rolling R( or Hip Pump ) R L RL RL, 1/4 L Turn RF together , Chest Pump.

123456      RF Forward touch &R Forward Hip rolling ( or Hip Pump )(1) L Back Hip Rolling ( 2) , R Forward Hip Rolling ( 3) L Back Hip Rolling (4) R Forward Hip Rolling ( 5) L Back Hip Rolling (6)  
7&8      1/4 L Turn Step Rf Next to LF & Chest Pump Forward (7) Chest Pump Back ( & ) Chest Pump Forward (8)

### Part B Sec.3 : Forward Walk R L R L , RF side ,LF Touch , LF Side , RF Touch

1234      Forward Walk RF (1) LF(2) RF(3) LF(4)  
5678      Step RF to right (5) Lf Touch next to RF (6)  
Step LF to Left (7) RF Touch Next to Lf (8)

### Part B Sec.4 : Small Back Run RLRLRL Jump (Feet apart ) , Nice Pose ( 4 Counts)

1&2&3&4      Small Back Run RF( 1) LF(&) RF(2) LF(&)RF(3) LF(&) Jump (Feet Apart)(4)  
5678            Nice Pose (5,6,7,8)

**Part C : 32 Counts**

**Part C Sec.1 : Hip Sway R L R , Hip Pump L , Hip Sway L R L , Hip Pump R**

1234            Hip Sway R(1) L(2) R(3) L Hip Pump (4)

5678            Hip Sway L(5) R(6) L(7) R Hip Pump (8)

**Part C Sec.2 : Hip Sway R L R L R L R L**

12345678      Hip Sway R(1) L(2) R(3) L(4) R(5) L(6) R(7) L(8)

**Part C Sec 3 : Part C Sec.1**

1234            Hip Sway R(1) L(2) R(3) L Hip Pump (4)

5678            Hip Sway L(5) R(6) L(7) R Hip Pump (8)

**PartC Sec.4 : Part C Sec.2**

12345678      Hip Sway R(1) L(2) R(3) L(4) R(5) L(6) R(7) L(8)

\* Happy Dancing !^\_\_^

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