Urban Wave



編舞者: Sue Smyth (UK), Peter Jones (UK), Anna Lockwood (UK), Lesley Michel (UK),

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音樂: My Wave (feat. Shy Carter) - Keith Urban: (Album: Graffiti U - iTunes)



#32 count intro - 1 Restart

Section 1: Right side behind and ball cross side, left rock behind recover, left kickball cross

1-2 step right to right side, Step left behind right

&3-4 step right to right side, cross left over right, step right to right side

5-6 rock left behind right, recover on right

7&8 kick left forward, step on ball of left foot, cross right over left

Section 2: Left side behind and ball cross side, right rock behind recover, right kickball cross

1-2 step left to left side, Step right behind left

&3-4 step left to left side, cross right over left, step left to left side

5-6 rock right behind left, recover on left

7&8 kick right forward, step on ball of right foot, cross left over right

Restart (on wall 3 Restart here)

Section 3: Side switches, heel switches, half turn left

1-2 point right toe to right side and hold

&3-4 step right next to left, point left toe to left side and hold

\$5&6 step left next to right, right heel forward, step right next to left, left heel forward

&7-8 step left next to right, step forward on right, ½ turn over left shoulder

Section 4: Syncopated forward rocks right and left, left shuffle back, right toe behind ½ turn unwind

1-2 rock right forward and recover on left

step right next to left, rock left forward and recover on right step back on left, step right next to left, step back on left

7-8 right toe behind, ½ turn over right shoulder (keeping weight on right foot)

Section 5: Left side rock, behind side cross, right side rock recover, behind 1/4 step

1-2 rock left to left side, recover on right

3&4 step left behind right, right to right side, cross left over right

5&6 rock right to right side, recover on left

7-8 step right behind left, make ¼ turn left stepping forward on left, step forward on right

Section 6: Left toe strut forward, right toe strut forward, left rock recover, ½ turn toe strut

1-2 put left toe forward, drop left heel
3-4 put right toe forward, drop right heel
5-6 rock forward on left, recover on right

7-8 ½ turn left putting left toe down, drop left heel

Section 7: Kick and point x 2, Right jazz box cross

kick right foot forward, recover on right, point left toe to left side kick left foot forward, recovery on left, point right to right side

5-6 step right over left, step back on left

7-8 step right to right side, cross left over right

Section 8: 4 x Diagonal step touches

1-2 step diagonally forward on right, touch left next to right

3-4 step diagonally back on left, touch right next to left
5-6 step diagonally back on right, touch left next to right
7-8 step diagonally forward on left, touch right next to left

(Wave arms in the air above the head during this section.)

Restart on wall after 16 counts, facing 6 o'clock

Happy dancing

This was choreographed by 'The Quickdraw Gang'. It will fit to many different pieces of music both fast and slow. If you would like a slower track then please try the alternative track 'Cold Shoulder' by Josh Turner, Restart in the same place.