Feel Alive

拍數: 64

級數: Intermediate

編舞者: Robbie McGowan Hickie (UK) - August 2018

音樂: We Got Love - Jessica Mauboy

#32 Count intro

Music available on Download from iTunes & www.amazon.co.uk

Dorothy Steps (Left & Right). Step Forward. Step. Pivot 1/2 Turn Left. Right Shuffle 1/2 Turn Left.

- 1 2&Step Left Diagonally forward Left. Lock step Right behind Left. Step slightly forward on Left.
- 3 4Step Right Diagonally forward Right. Lock step Left behind Right. Step slightly forward on Right.
- 5 Step forward on Left. (Straighten up to 12 o'clock)
- 6 7Step forward on Right. Pivot 1/2 turn Left.
- 8&1 Right shuffle making 1/2 turn Left stepping Right. Left. Right. (Facing 12 o'clock)

2 x Slides Back. Left Coaster Cross. Hip Sways. Chasse 1/4 Turn Right.

- 2 3 Slide back on Left. Slide back on Right.
- 4&5 Step back on Left. Step Right beside Left. Cross step Left over Right.
- 6 7Step Right to Right side swaying hips Right. Sway hips Left.
- 8&1 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

Step. Pivot 1/2 Turn Right. Step Forward. 1/2 Turn Left. Left Shuffle 1/2 Turn Left. Step Forward.

- 2 3 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)
- 4 5 Step forward on Left. Make 1/2 turn Left stepping back on Right.
- Left shuffle making 1/2 turn Left stepping Left. Right. Left. 6&7
- 8 Step forward on Right. (Facing 9 o'clock)

Step. Pivot 1/2 Turn Right. Left Shuffle 1/2 Turn Right. Right Sailor Step. Left Cross Samba.

- 1 2Step forward on Left. Pivot 1/2 turn Right.
- 3&4 Left shuffle making 1/2 turn Right stepping Left. Right. Left. (Facing 9 o'clock)
- Cross Right behind Left. Step Left to Left side. Step Right Diagonally forward Right. 5&6
- Cross Left forward over Right. Rock Right to Right side. Step slightly forward on Left. 7&8

Cross. 1/4 Turn Right. Chasse Right. Cross. Unwind Full Turn Right. Right Side Rock & Cross.

- 1 2 Cross step Right over Left. Make 1/4 turn Right stepping back on Left.
- 3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 5 6Cross Left over Right. Unwind Full turn Right. (Weight on Left) (Facing 12 o'clock)
- 7&8 Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.

Side Step Left. Behind & Cross. Chasse 1/4 Turn Left. Step. Pivot 1/2 Turn Left. Long Step Forward.

- Step Left to Left side. 1
- 2&3 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 4&5 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 6 8Step forward on Right. Pivot 1/2 turn Left. Long step forward on Right. (Facing 3 o'clock)

Forward Rock. Triple Step 3/4 Turn Left. Forward Rock. Right Coaster Cross.

- 1 2Rock forward on Left. Rock back on Right.
- 3&4 Left triple step making 3/4 turn Left stepping Left. Right. Left. (Facing 6 o'clock)
- 5 6Rock forward on Right. Rock back on Left.
- Step back on Right. Step Left beside Right. Cross step Right over Left. ***Restart Point Wall 7&8 4***





牆數:2

Side Step Left. Touch-Ball-Cross. Side Step Right. Back Rock. Left Kick-Ball-Step Forward.

1 Step Left to Left side.

- 2&3 Touch Right toe beside Left. Step ball of Right to Right side. Cross step Left over Right.
- 4 Step Right to Right side.
- 5 6 Rock back on Left. Rock forward on Right.
- 7&8 Kick Left forward. Step ball of Left beside Right. Step forward on Right.

Start Again

Restart: Dance to Count 56 of Wall 4, then Start the dance again from the Beginning (Facing 12 o'clock)

Thank You to Vikki Morris for suggesting this music