

# My Open Heart

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Belén Márquez (ES) - June 2018  
音樂: My Heart Is Open - Keith Urban



Intro: 32 COUNTS

## JAZZ BOX, ROCKING CHAIR

1-2      Cross right over left, step left back  
3-4      Step right side, step left forward  
5-6      Rock right forward, recover  
7-8      Rock right back, recover

## CHASSE RIGHT, SWAY X 2, CHASSE LEFT, TURN ¼ LEFT AND SWAY X 2

1&2      Step right side, step left together, step right side  
3-4      Sway left, sway right  
5&6      Step left side, step right together, step left side  
7-8      Turn ¼ left and sway right, sway left

## TURN ¼ LEFT AND ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER, CROSS SHUFFLE

1-2      Turn ¼ left and rock right side, recover  
3&4      Cross right over left, step left behind right, cross right over left  
5-6      Rock left side, recover  
7&8      Cross left over right, step right behind left, cross right over left

## TURN ¼ LEFT, STEP BACK, COASTER STEP, SHUFFLE FORWARD, FULL TURN FORWARD

1-2      Turn ¼ left and step right back, step left back  
3&4      Step right back, step left together, step right forward  
5&6      Step left forward, step right together, step left forward  
7&8      Turn ½ left and step right back, turn ½ left and step left forward

REPEAT

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