

Amore e capoeira

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - August 2018
音樂: Amore e Capoeira (feat. Giusy Ferreri & Sean Kingston) - Takagi & Ketra :
(iTunes)



(32 count intro)

[S1] Fwd w/ Push Fwd-Back, Push Fwd-Back-Fwd, Cross, Back-Together, Fwd, Fwd

1 2 Step/push R forward, Push back weight on L
3&4 Push forward weight on R, Push back weight on L, Push forward weight on R
5 6& Cross L over R, Step R back, Step L together
7 8 Step R forward, Step L forward (12:00)

[S2] Step-Pivot, Shuffle Fwd, Ball Fwd, Rock Turn 1/4R, Cross

1 2 Step R forward, Make a ½ turn left recover weight on L (6:00)
3&4& Step R forward, Step L next to R, Step R forward, Step L next to R
5 6 Step R forward, Step L forward
7 8 Make a ¼ turn right recover weight on R, Cross L over R** (9:00)

[S3] Side Rock, Behind-Side-Cross, Side Rock, Behind 1/4R Fwd

1 2 Rock/step R to right side, Recover weight on L
3&4 Step R behind L, Step L to side, Cross R over L
5 6 Rock/step L to left side, Recover weight on R
7 8 Step L behind R, Make a ¼ turn right stepping forward on R (12:00)

[S4] Touch Fwd-Side, Sailor 1/4L, Touch Fwd-Back, Sailor 1/2R

1 2 Point/touch L forward, Point/touch L to left side
3&4 Sweeping L around R and make a ¼ turn left stepping L behind R, Step R next to L, Step L forward (9:00)
5 6 Point/touch R forward, Touch R back
3&4 Sweeping R around L and make a ½ turn right stepping back on R, Step L next to R, Step R forward (3:00)

[S5] 2x Cross Samba, Fwd, Step-Pivot 1/2L

1&2 Cross L over R, Rock/step R to right side, Recover weight on L
3&4 Cross R over L, Rock/step L to left side, Recover weight on R
5 6 Step L forward, Step R forward
7 8 Make a ½ turn left step L forward, Step R forward (9:00)

[S6] 2x Samba Cross, Fwd Rock, 1/4L Side Chasse

1&2 Rock/step L to left side, Recover weight on R, Cross L over R
3&4 Rock/step R to right side, Recover weight on L, Cross R over L
5 6 Rock/step L forward, Recover weight on R
7&8 Make a ¼ turn left stepping L to side, Step R close to L, Step L to side*** (6:00)

[S7] Rock Fwd, 1/2R Shuffle, 1/2 R Shuffle Back, 1/2R Shuffle

1 2 Rock/step R forward, Recover weight on L
3&4 Make a ½ turn right shuffle forward R-L-R (12:00)
5&6 Make a ½ turn right shuffle back L-R-L (6:00)
7&8 Make a ½ turn right shuffle forward R-L-R (12:00)

[S8] Step-Pivot 1/2R, Shuffle Fwd, 1/2L Shuffle Back, 1/2L Fwd, 1/4L

1 2 Step L forward, Make a ½ turn right step R forward (6:00)
3&4 Shuffle forward L-R-L
5&6 Make a ½ turn left shuffle back R-L-R (12:00)
7 8 Make a ½ turn left stepping forward on L (6:00), Make a ¼ turn left on a ball of L (slightly hitch R) (3:00)

****1st Restart on Wall 1 count 16** (9:00)**

Tag: End of wall 3 (3:00) – Push R Fwd-L Back-R Fwd-L Back

1 2 3 4 Step/push R forward, Push back weight on L, Push forward weight on R, Push back weight on L

*****2nd Restart on Wall 4 count 48*** (9:00)**

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 16/Aug/18)
