Long Haul Stroll



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Yvonne Anderson (SCO) - August 2018

音樂: Drunk by Steve Moakler



Special thanks to my Wednesday ladies

[1-8] SIDE, TOGETHER,	SHUFFLE 1/4.	STEP 1/2	. SIDE SHUFFLE 1/4

1-2 Step R to right, Step L beside right [12]

3&4 Step R to right, (&) Step L beside right, 1/4 right stepping R forward [3]

5-6 Step L forward, 1/2 turn right taking weight on R [9]

7&8 1/4 right stepping L to left, (&) Step R beside left, Step L to left [12]

(Easier option counts 1-8 Side, Together, R side shuffle, cross Rock, Recover, L side shuffle)

[9-16] BEHIND, SIDE, STEP ACROSS, TOUCH, STEP BACK, 1/4 RIGHT, HIP SWAY L AND R

1-2 Step R behind left, Step L to left [12]

3-4 Step R forward and across left, Touch L toes behind right [12]

5-6 Step L back, 1/4 right stepping R to right [3]

7-8 Sway hips L, R [3]

***RESTART wall 4...facing 12 0'clock dance through to count 15 then touch R beside left ***

[17-24] SIDE, TOGETHER, SHUFFLE FORWARD, STEP, POINT, ROCK FORWARD, RECOVER

1-2	Step L to left, Step R beside left [3]
3&4	Shuffle forward stepping L,R,L [3]

5-6 Step R forward and point/touch L toes to left [3]

7-8 Rock L forward, Recover weight on L [3]

[25-32] 1/4 LEFT, HOLD, TURNING WEAVE, STEP 1/2 TURN RIGHT WITH HOOK

1-2& 1/4 turn left stepping L to left, HOLD, (&) Step R beside left preparing for turn [12]

3-4 1/4 left stepping L forward, 1/4 left stepping R to right [6] 5-6 Step L behind right, 1/4 right stepping R forward [9]

7-8 Step L forward, 1/2 turn right weight remains on left hook R across left [3]

REPEAT

To finish facing forward - at the end of wall 11 make a further 1/4 turn stepping R to right [now facing 12 o'clock....tah dah!]