

Living To The Limit

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Reeves (UK) - August 2018
音樂: Live It to the Limit - Dave Sheriff : (CD: Tonight You Made a Memory for Me)



(Music available iTunes Amazon or www.davesherriff.com)

CHARLSTON STEPS

1 - 4 Right toe tap fwd right step back. Left toe tap back. Left step fwd
5 - 8 Right toe tap fwd. right step back. Left toe tap back. Left step fwd

KICK BALL CROSS ROCK SIDE SAILOR STEP. SAILOR STEP 1/4 LEFT

9&10 Right kick fwd step on right. Left step across right
11 12 13&14 rock right to right side recover on left sailor step (right step behind left left step in place right step right
15&16. Turning 1/4 left Left step behind right right step fwd left step left

WALK FWDS AND TURN 1/4 LEFT WALK BACK TURN 1/4 LEFT

17 - 20 Walk fwd right left right pivot turn 1/4 left
21 - 24 Walk back left right left pivot turn 1/4 left

SHUFFLE X2 TURNING 1/2 RIGHT HIPSWING STEPS FWDS

25&26. Turning 1/4 turn right on right shuffle
27&28. Turning 1/4 right on left shuffle
29 - 32. Stepping fwd on right whilst swinging hips Left step left whilst swinging hips Stepping fwd on right whilst swinging hips Left step left whilst swinging hips

Start again - No Restarts No Tags

Just dance sing and enjoy - Feel free to add attitude.

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