

Shape of You EZ Mambo

COPPER **KNOB**
BY SHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - August 2018
音樂: Shape of You (feat. Zion & Lennox) (Latin Remix) - Ed Sheeran



WALK FORWARD (R,L,R) POINT L, WALK BACK (L,R,L) POINT R

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Point LF side left
5-6 Step back, LF, RF
7-8 Step back LF, Point RF side right

WALK FORWARD (R,L,R) POINT L, WALK BACK (L,R,L) POINT R

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Point LF side left
5-6 Step back, LF, RF
7-8 Step back LF, Point RF side right

CROSS ROCK, MAMBO BACK X 2 (RL)

1-2 RF Cross over L, LF Recover weight
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 LF Cross over R, RF Recover weight
7&8 Rock LF back, Recover RF, Step LF beside right

LINDY RIGHT, LINDY LEFT PIVOT R 1/4

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle L Pivot 1/4 R, RL
7-8 Rock back on RF, Recover on LF

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

RF STOMP, KICK, MAMBO BACK, LF STOMP, KICK, MAMBO BACK

1-2 Stomp RF down, kick RF forward
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Stomp LF down, kick LF forward
7&8 Rock LF back, Recover RF, Step LF beside right

REPEAT - No Tags, No Restarts

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