# Book of John

級數: Beginner / Improver

編舞者: Nicola J Bowen (UK) - August 2018

音樂: Book of John - Tim McGraw : (CD: Two lanes of freedom)

#### #16 count intro. 80 BPM.

## Slide touch. Sailor quarter turn. Side rock recover cross x 2

- 1-2 Slide Right to Right side. Touch Left beside Right.
- 3&4 Step Left behind Right, Quarter turn Left stepping Right to Right side, step Left to Left side. (9.00)
- 5&6 Rock Right to Right side, recover onto Left, cross Right over Left.
- 7&8 Rock Left to Left side, recover onto Right, cross Left over right.

## Walk. Walk. Side mambo. Lock step back. Lock step back.

- 1-2 Walk forward Right. Walk forward Left.
- 3&4 Rock Right foot to Right side. Recover onto Left. Step Right Beside left.
- 5&6 Step Left back to Left diagonal. Lock step Right to outside of Left. Step back on Left
- 7&8 Step Right back to Right diagonal. Lock step Left to outside of Right. Step back on Right.

# Side touch. Sailor quarter turn. Kick-ball-cross. Kick-ball-touch

- 1-2 Step Left to Left. Touch Right beside Left.
- 3&4 Step back Right turn quarter Right. Step Left to Left side. Step Right to Right side. (12.00)
- 5&6 Kick Left forward. Step Left beside Right. Cross Right over Left.
- 7&8 Kick Left forward. Step Left beside Right. Touch Right toe Beside Left.

#### Step pivot. Run forward. Chasse. Rock recover. Touch

- 1-2 Step forward Right. Pivot quarter turn Left. (9.00)
- 3&4 Run forward Right Left Right.
- 5&6 Step Left to Left. Step Right beside Left. Step Left to Left.
- 7&8 Rock Right back to Right diagonal. Recover onto Left. Touch Right beside Left.

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拍數: 32

**牆數:**4