

Book of John

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Nicola J Bowen (UK) - August 2018
音樂: Book of John - Tim McGraw : (CD: Two lanes of freedom)



#16 count intro. 80 BPM.

Slide touch. Sailor quarter turn. Side rock recover cross x 2

1-2 Slide Right to Right side. Touch Left beside Right.
3&4 Step Left behind Right, Quarter turn Left stepping Right to Right side, step Left to Left side.
(9.00)
5&6 Rock Right to Right side, recover onto Left, cross Right over Left.
7&8 Rock Left to Left side, recover onto Right, cross Left over right.

Walk. Walk. Side mambo. Lock step back. Lock step back.

1-2 Walk forward Right. Walk forward Left.
3&4 Rock Right foot to Right side. Recover onto Left. Step Right Beside left.
5&6 Step Left back to Left diagonal. Lock step Right to outside of Left. Step back on Left
7&8 Step Right back to Right diagonal. Lock step Left to outside of Right. Step back on Right.

Side touch. Sailor quarter turn. Kick-ball-cross. Kick-ball-touch

1-2 Step Left to Left. Touch Right beside Left.
3&4 Step back Right turn quarter Right. Step Left to Left side. Step Right to Right side. (12.00)
5&6 Kick Left forward. Step Left beside Right. Cross Right over Left.
7&8 Kick Left forward. Step Left beside Right. Touch Right toe Beside Left.

Step pivot. Run forward. Chasse. Rock recover. Touch

1-2 Step forward Right. Pivot quarter turn Left. (9.00)
3&4 Run forward Right Left Right.
5&6 Step Left to Left. Step Right beside Left. Step Left to Left.
7&8 Rock Right back to Right diagonal. Recover onto Left. Touch Right beside Left.

Contact: nicob442@aol.com
