

Only Love

拍數: 76 牆數: 1 級數: Phrased Advanced
編舞者: Bradley Mather (USA) - August 2018
音樂: Only Love - Jordan Smith : (iTunes and Amazon)



Intro: 7 counts - Sequence: A Tag B A B+ Tag B+

Part A-28 counts

A1: Side, back rock, recover, 1/4, 1/4, cross, 1/4, 1/2 shuffle w/sweep

1, 2, 3 Step L to L, rock R behind L, replace weight onto L
4&5, 6 Step R back 1/4 to L, step L side 1/4 to L, cross R over L, step L back 1/4 to R
7&1 step R to R making 1/4 R, step L together, step R to R making 1/4 R and sweeping L from back to front (3:00)

A2: Cross, back, 1/2, 1/2, 1/2, walk, 1/4 pivot, cross

2, 3 Cross L over R, step R back
4&5, 6 Step L forward making 1/2 L, step R back making 1/2 L, step L forward making 1/2 L, step R forward
7&1 step L forward, turn 1/4 R stepping onto R, cross L over R (12:00)

A3: Side rock, recover, cross, side, behind, 1/4, 1/4 side rock cross

2, 3 Rock R to R, replace weight onto L angling to L diagonal
4&5, 6 Cross R over L, step L to L, step R behind L, step L forward making 1/4 L
7&1 Rock R to R making 1/4 L, replace weight onto L, cross R over L (6:00)

A4: 1/4, 1/4 rock, recover, behind, side rock, recover, behind side

2, 3 step L back making 1/4 R, rock R to R making 1/4 R
4&5, 6 replace weight to L, step R behind L, rock L to L, recover weight to R
7& step L behind R, step L to L (12:00)

**From A to B

Drop the last three counts of A, and do a L side rock cross (5&6) hold (7) (12:00)

Part B-48 Counts

B1: Unwind w/ronde, behind, 1/4, 1/2 chase turn, full turn, walk, mambo w/sweep

&1, 2, 3 unwind full turn R, sweep R from front to back, cross R behind L, step L forward 1/4 L
4&5, 6 step R forward, pivot 1/2 L stepping onto L, step R forward, step L forward making full turn R
7, 8&1 step R forward, step L forward, step R back, step L back sweeping R from front to back (3:00)

B2: Sweep, sweep, coaster step, prep, prep, 1/2 spiral, 1 1/2 w/sweep

2, 3 step R back sweeping L from front to back, step L back sweeping R from front to back
4&5 step R back, step L next to R, step R forward prepping body to L
6, 7 step L forward prepping body to R, step R forward making 1/2 L
8&1 step L forward making 1/2 L, step R back making 1/2 L, step L forward making 1/2 L sweeping R from back to front (3:00)

B3: Cross, 1/4, 1/4, out, out, cross arms, side, together, cross, 1/4 back, back, together

2, 3& cross R over L, step L back 1/4 R, step R to R 1/4 R
4&5, 6 step L to L lifting L arm up with palm facing forward, step R to R living R arm up with palm facing forward, step L to L bending into L knee while flipping palms towards body and making fists and crossing arms over chest, large step with R to R pushing both arms down by sides with palms facing ground

7&8&1 step L next to R, cross R over L, step L back 1/4 R, step R back, step L next to R without weight lifting both arms slowly out to sides with palms facing up (12:00)

B4: Continue raising arms, walk, lock step, cross, 1/4, side, cross, 1/4

2, 3 continue to raise arms to slightly under parallel with shoulders, step L forward
4&5 step R forward, lock L behind R, step R forward
6, 7& cross L over R, step R back 1/4 L, step L to L,
8& cross R over L, step L back 1/4 R (12:00)

B5: Nightclub basic x2, step side w/1 or 2 full turns, step w/sweep, weave

1, 2& step R to R, step L next to R, step R across L
3, 4& step L to L, step R next to L, step L across L
5, 6, 7 step R to R beginning either 1 or 2 full turns to R with L leg lifted off ground with bent knee, continue to turn, step down onto L sweeping R from front to back
8&1 step R behind L, step L to L, step R across L rising up onto balls of feet beginning to turn to L (12:00)

B6: Continue spiral 3/4 turn, step, 1/2, 1/2, 1/4 side w/reach, side w/arm, side w/arm, hold

2, 3 turn 3/4 L ending with weight on R, step L forward
4&5 step R back 1/2 L, step L forward 1/2 L, step R to R 1/4 L reaching R arm to R
6, 7, 8 shift to L and swing L arm to R parallel to ground as if dramatically clearing a table, shift to R and swing R arm up, hold (12:00)

From B to last 16 of B

8 step L next to right and begin nightclub basic to R (12:00)

From B to Tag

8& step L behind R, step R to R (12:00)

Tag-16 counts

TS1: Cross rock, recover, side rock, recover, weave w/ crossing shuffle, touch, developpe, ronde, weave

1&2& cross rock L over R, replace weight, rock L to L, replace weight
3&4&5 step L behind R, step R to R, cross L over R, step R to R, cross L over R
&6, 7 touch R next to L lowering slightly onto L leg, extend R foot forward rising onto L ball, ronde R leg from front to back with R leg still in air
8& step R behind L, step L to L (12:00)

TS2: Cross rock, recover, side rock, recover, weave w/ crossing shuffle, wind up, hold

1&2& cross rock R over L, replace weight, rock R to R, replace weight
3&4&5 step R behind L, step L to L, cross R over L, step L to L, cross R over L
6, 7, 8 Unwind a full turn L over two beats ending with L leg crossed in front of R with weight on L, hold position and continue to wind upper body to L (12:00)

****From Tag to B**

Slow down counts 6-8 of the last set, hold two beats, begin part B (12:00)

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