

My Best Friend

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Victoria Rogers (CAN) - August 2018
音樂: Lucky (feat. Colbie Caillat) - Jason Mraz : (iTunes)



#40 count intro: start on Colbie Caillat's verse
No Tags No Restarts!

Cross, hold, kick-ball-cross, quarter swivel, rock back-recover

1-2 Cross L in front of R, hold
3&4 Kick R, step down on R, cross L in front of R
5-6 Step R to R side, turn ¼ to L, keeping weight on R (9:00)
7-8 Back cross-rock on L, recover weight to R

Step drag, behind-quarter turn, rock-recover, quick back sweeps

1-2 L big step to L side, drag R
3-4 step R behind L, turn ¼ to L stepping on L (6:00)
5-6 Rock fwd on R, recover weight to L sweeping R
7-8 Step back on R sweeping L, step back on L sweeping R

Step back with sweep, back-quarter-forward, quarter pivot, cross

1-2 Step back on R, sweep L
3-4-5 Step back on L, step R turning ¼ to R, step fwd on L (9:00)
6-7 Step fwd on R, turn ¼ to L, shifting weight to L (6:00)
8 Cross R in front of L

Quarter turn, half turn, quarter turn, rock back-recover, step side

1-2 Turn ¼ R stepping back on L (9:00)
3-4 Turn ½ R stepping fwd on R (3:00)
5 Turn ¼ R stepping L to L side (6:00)
6-7 Rock back on R, recover weight to L
8 Step R to R side

Repeat - Enjoy!

Contact: rogersv@nili.ca