

The Road

拍數: 32 牆數: 2 級數: Beginner
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音樂: Hit the Road Jack - Throttle



Intro - 5 counts

[1-8]: CHARLESTON STEPS, OUT-OUT-IN-IN

1-2 Touch Right Toe forward , Step back on RF
3-4 Touch Left Toe back, Step forward on LF
5-6 Step RF forward slightly on a diagonal right, Step LF forward slightly on a diagonal left
7-8 Step back RF to the center, Step back LF to the center,

[9-16]: STEP, POINT, STEP, POINT, JAZZ BOX

1-2 Step forward on RF, Point Left Toe to the left side
3-4 Step forward on LF, Point Right Toe to the right side
5-6 Cross RF over left, Step back on LF
7-8 Step RF to right side, Step forward on LF

[17-24]: R STEP, TOGETHER, TRIPLE STEP to the DIAGONAL, ¼ TURN and REPEAT with LEFT Turning slightly the body to the left and moving to the diagonal right (1:30):

1-2 Turn the body 1/8 to the left and Step RF to the right side, Step LF beside right
3&4 Step RF to the right side, Step LF beside right, Step RF to the right side

Arm movements:

1-2-3&4 rise right hand up (1), rise left hand up (2) shake both hand up to the right side (3&4)

Turn ¼ to the left and Turning slightly the body and moving to the diagonal left (7:30):

5-6 Step LF to the left side, Step RF beside left
7&8 Step LF to the left side, Step RF beside left, Step LF to the left side

Arm movements:

5-6-7&8 extend forward right hand (1) extend left hand forward (2) cross left hand over right (3) come back to parallel position (&) Cross Right hand over left (4)

[25-32]: R STEP, TOGETHER, TRIPLE STEP to the DIAGONAL ¼ TURN WALKS and JUMP Turning slightly the body to the left and moving to the diagonal right (10:30):

1-2 Turn the body 1/8 to the left and Step RF to the right side, Step LF beside right
3&4 Step RF to the right side, Step LF beside right, Step RF to the right side

Arm movements:

1-2-3&4 rise right hand up (1), rise left hand up (2) shake both hand up to the right side (3&4)

Turn ¼ to the left looking to the wall (6:00):

5-6-7 Walk forward with RF-LF-RF
8 Jump Slightly forward with both feet

START AGAIN

Tag : At the end of Wall 6th, looking at 12:00, music slow down and you can hear only "Jack..Jack"....

We will do the the following 8 counts Tag and start again from count 1:

[1-8]: ½ TURN AND STOMP, HOLD WITH SNAPS, X 2

1 ½ Turn to left on LF and Stomp RF to right side
2-3-4 Hold and SNAP Right Hand Up/Center/Down

5 ½ Turn to right on RF and Stomp LF to left side (12:00)
6-7-8 Hold and SNAP Left Hand Up/Center/Down

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