

# Sleepwalk

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Caroline Cooper (UK) & Julie Snailham (ES) - August 2018  
音樂: Sleepwalk - The Shires



Intro: at 16 counts

## S1: SIDE BACK ROCK, RECOVER, SIDE, BEHIND SIDE, ROCK, RECOVER, SIDE, WEAVE

1            Big step R to R side  
2&          Back rock L behind R, recover R  
3-4         Big step L to L side, cross R behind L  
&5         Step L to L side, cross rock R over L  
6&         Recover L, step R to R side  
7&         Cross L over R, step R to R side  
8&         Cross L behind R, step R to R side

## S2: CROSS, RUMBA BOX, SWEEP BACK, SWEEP COASTER STEP, BALL STEP

1            Cross L over R  
2&          Step R to R side, close L next to R  
3-4         Step forward R, step L to L side  
&5         Close R next to L, step back L  
6-7&       Sweep R back, sweep L back, step R next to L  
8&         Step forward L, step R next to L

## S3: ¾ CIRCULAR RUN STEPS L, RLR, LRL, STEP FORWARD, FORWARD ROCK, SIDE ROCK

1            Step forward on L (over L starting making your ¾ turn)  
2&3         RLR run steps 3/8 of a turn  
4&5         LRL run steps 3/8 of a turn completing ¾ turn L (finishing facing 3.00 o'clock)  
6-7&       Step forward on R, rock forward on L, recover on R  
8&         Rock side on L, recover on R

## S4: CROSS BEHIND, SAILOR ¼ TURN CROSS, UNWIND ½ TURN, ½ TURN STEPPING BACK R, COASTER CROSS, SIDE ROCK

1            Cross L behind R  
2&3         Sweep R behind L turning ¼ R, step L to L side, cross R over L  
4-5         Unwind ½ turn L, step, ½ turn L stepping back R  
6&7         Step L back, step R back, cross L over R  
8&         Rock R to R side, recover L

## S5: CROSS WALK, CROSS WALK FORWARDS, MAMBO ½ TURN, ½ TURN BACK LOCK STEP, ¼ TURN R WITH SWAY, RECOVER, STEP R NEXT TO L

1-2         Walk step crossing R over L, walk step crossing L over R  
3&4         Rock forward R, recover L, ½ turn R stepping forward R  
5&6         ½ L stepping back on L, lock R across in front of L, step back on L  
7&8         ¼ turn R stepping R to R side as you sway, step L to left side and sway to L, close R next to L

## S6: L FORWARD, SIDE TOGETHER BACK, SIDE CLOSE SIDE, SWEEP BEHIND, SIDE, INFRONT, SIDE TOUCH

12&         Step forward L, step R to R side, close L next to R  
34&         Step back R, step L to L side, close R next to L  
56&         Step L to L side, sweep R behind L, step L to L side

78&

Cross R over L, step L to L side, touch R next to L

**RESTART #1 WALL 2 FACING 9 OCLOCK DURING SECTION 2 (4&) & COUNT IS TOUCH R NEXT TO L**  
**RESTART #2 (with step change) WALL 4 FACING 6 OCLOCK AT THE END OF SECTION 2 ADD ROCK**  
**FORWARD R RECOVER L**

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