

You Can Call Me Anytime

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Lauren Taylor - August 2018
音樂: Anytime - Nu Shooz : (CD: Kung Pao Kitchen)



Start after 48 counts on the vocals - Sequence: A-B-A-B-tag-A-B-A-A-B-B-A-B

Part A: 32 counts

A1: STEP, LOCK STEP, STEP, LOCK STEP; TURN, HIP FORWARD, HIP BACK, STEP, LOCK STEP

1-2 Step R forward; Lock L behind R
&3 Step R forward, Step L forward
&4 Lock R behind L, Step L forward
5-7 Step R forward making ½ turn left sitting on right hip (6:00); Push hip forward; Push hips back
8&1 Step L forward, Lock R behind L, Step L forward

A2: SIDE ROCK CROSS, SIDE ROCK CROSS, TURN, TURN, SIDE, TOGETHER, SIDE

2&3 Rock R to right, Recover weight to L, Step R over L
4&5 Rock L to left, Recover weight to R, Step L over R
6 Make a ¼ turn left & step R back (3:00)
7&8 Make a ¼ turn left & step L to left (12:00), Step R beside L, Step L to left

A3: CROSS, BACK, 1/8 TURN, DIAGONAL SIDE, TOGETHER, SIDE; CROSS, BACK, 1/8 TURN COASTER STEP

1-2 Step R over L; Step L back to face (1:30)
3&4 Step R to right, Step L beside R, Step R to right facing (1:30)
5-6 Cross L over R; Step back to R to face (12:00)
7&8 Step L to left, Step R beside L, Step L to left

A4: STEP ½ PIVOT, STEP, TOGETHER, STEP; POINT & POINT & CROSS, OUT, OUT

1-2 Step R forward; Pivot ½ turn left taking weight to L (6:00)
3&4 Step R forward, step L to R, Step R forward
5& Point L to left, Step L beside R
6& Point R to right, Step R beside L
7&8 Step L over R, Step R out to right, Step L out to left

Part B: 32 counts

B1: RIGHT KICK-BALL-STEP LEFT SIDE, SLIDE & CROSS; SIDE, ELVIS KNEES STEP

1&2 Kick R forward, Step to ball of R, Make a long step left on L
3&4 Slide R to L, Step ball of R beside L, Step L over R
5-8 Touch R slightly to right turning knee inward; Push L knee inward; Push R knee inward; Step weight to R

B2: ROCK STEP & ROCK STEP, BACK, BACK, ¼ TURN SAILOR STEP

1-2 Rock L forward; Recover weight back to R
&3-4 Step ball of L beside R, Rock R forward; Recover weight back to L
5-6 Step R back; Step L back
7&8 Step R behind L, Make a ¼ turn right & Step L to left (9:00), Step R forward

B3: LEFT KICK-BALL-STEP LEFT SIDE, SLIDE & CROSS; SIDE, ELVIS KNEES STEP

1&2 Kick L forward, Step to ball of L, Make a long step right on R
3&4 Slide L to R, Step ball of L beside R, Step R over L
5-8 Touch L slightly to left turning L knee inward; Push R knee inward; Push L knee inward; Step weight to L

B4: ROCK STEP & STEP ¼ TURN PIVOT; CROSS, SIDE, BEHIND, SIDE, CROSS

- 1-2 Rock R forward; Recover weight back to L
&3-4 Step ball of R beside L, Step L forward; Pivot ¼ turn right to R (12:00)
5-6 Step L over R; Step R to right
7&8 Step L behind R, Step R to right, Step L over

Tag: 8 counts

STEP FORWARD; SLIDE TOGETHER; SHIMMY; STEP BACK; SLIDE & STEP, STEP

- 1-2 Step R a long step forward; Slide & step L beside R
3-4 Shimmy shoulders
5-6 Step R a long step back; Slide L to R
&7-8 Step L together with R, Step R in place, Step L forward

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