

Love Flow

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Niels Poulsen (DK) - May 2018
音樂: Let Your Love Flow - The Bellamy Brothers : (Album: Best of The Best - iTunes, etc)



Intro: 16 counts (app. 9 secs. into track). Start with weight on L foot
NOTE: NO TAGS – NO RESTARTS!

[1 – 8] R cross rock, ball cross, side R, L back rock, L chasse

1 – 2 Cross rock R over L (1), recover on L (2) 12:00
&3 – 4 Step R to R side (&), cross L over R (3), step R to R side (4) 12:00
5 – 6 Rock back on L (5), recover on R (6) 12:00
7&8 Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

[9 – 16] R back rock, shuffle ½ L, L back rock, ¼ R into L chasse

1 – 2 Rock back on R (1), recover on L (2) 12:00
3&4 Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 6:00
5 – 6 Rock back on L (5), recover on R (6) 6:00
7&8 Turn ¼ R stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

[17 – 24] Behind side, cross shuffle, L side rock, cross shuffle

1 – 2 Cross R behind L (1), step L to L side (2) 9:00
3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 9:00
5 – 6 Rock L to L side (5), recover on R (6) 9:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 9:00

[25 – 32] Syncopated R vine, point L, clap X2, rolling vine into L chasse

1 – 2& Step R to R side (1), cross L behind R (2), step R to R side (&) 9:00
3&4 Point L to L side (3), clap (&), clap (4) 9:00
5 – 6 Turn ¼ L stepping L fwd (5), turn ½ L stepping back on R (6) 9:00
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 9:00

Start Again!

Ending: Wall 9 is your last wall. It starts facing 12:00. Do up to count 21 (your L side rock) and then turn ¼ R onto R and shuffle L fwd to face 12:00 again 12:00

Contact: nielsbp@gmail.com