

# Young at Heart

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Niels Poulsen (DK) - July 2018  
音樂: Young at Heart - The Bluebells : (Album: The Singles Collection - iTunes, etc)



**Intro: 32 count intro from main beat (25 secs. into track). Start with weight on L foot**  
**Restart after 16 counts on wall 3 (which starts at 6:00). REPLACE the shuffle ½ L with a L coaster step to**  
**Restart facing 12:00**

**Note: Thanks to Vibeke Thers for suggesting this music to me**

**[1 – 8] R&L heel switches, & stomp R fwd, clap clap, repeat all steps starting with L foot**

1&2&      Touch R heel fwd (1), step R next to L (&), touch L heel fwd (2), step L next to R (&) 12:00  
3&4      Stomp R slightly fwd (3), clap hands (&), clap hands (4) 12:00  
5&6&      Touch L heel fwd (5), step L next to R (&), touch R heel fwd (6), step R next to L (&) 12:00  
7&8      Stomp L slightly fwd (7), clap hands (&), clap hands (8) 12:00

**[9 – 16] Rock R fwd, ½ shuffle R, rock L fwd, ½ triple L**

1 – 2      Rock R fwd (1), recover back on L (2) 12:00  
3&4      Turn ¼ R stepping R to R side (3), step L next to R (&), turn ¼ R stepping R fwd (4) 6:00  
5 – 6      Rock L fwd (5), recover back on R (6) 6:00  
7&8      Turn ¼ L stepping L fwd (7), step R next to L (&), turn ¼ L stepping L fwd (8) 12:00

**\* Restart here on wall 3 - see explanation at top of page**

**Please note that these steps are done almost on the spot, therefore a triple turn and not a travelling shuffle turn.**

**[17 – 24] ¼ L into R Dorothy, L Dorothy, R jazz box, cross over**

1 – 2&      Turn ¼ L stepping R into R diagonal (1), lock L behind R (2), step R into R diagonal (still facing 9:00 though) 9:00  
3 – 4&      Step L into L diagonal (3), lock R behind L (4), step L into L diagonal (still facing 9:00) 9:00  
5 – 7      Cross R over L (5), step back on L (6), step R to R side (7) 9:00  
8      Cross L over R (8) 9:00

**[25 – 32] R side rock with ¼ L, R kick ball change, step ½ L, step ¼ L**

1 – 2      Rock R to R side (1), recover onto L turning ¼ L (2) 6:00  
3&4      Kick R fwd (3), step R next to L (&), step L a small step fwd (4) 6:00  
5 – 6      Step R fwd (5), turn ½ L onto L foot (6) 12:00  
7 – 8      Step R fwd (7), turn ¼ L onto L foot (8) 9:00

**ENJOY!**

**Ending : Wall 11 is your last wall. It starts to fade out after 16 counts but just continue dancing your last 16 counts and you will automatically end facing 12:00 12:00**

**Contact: nielsbp@gmail.com**