

I Get Goose, I Get Bumps

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Val Saari (CAN) - August 2018
音樂: Goosebumps - Meghan Trainor



TWO CHARLESTON STEPS

1-2 Step RF forward, Kick LF forward
3-4 Step LF back, Touch RF back
5-6 Step RF forward, Kick LF forward
7-8 Step LF back, Touch RF back

POINT OUT-IN-OUT, BEHIND SIDE CROSS X 2 (R,L)

1&2 Point RF to R side, Touch RF beside L, Point RF to R side
3&4 Cross RF behind L, Step LF left, Step RF across L
5&6 Point LF to L side, Touch LF beside R, Point LF to L side
7&8 Cross LF behind R, Step RF right, Step LF across R

RF KICK TWICE, RF MAMBO BACK, LF KICK TWICE, LF MAMBO BACK

1-2 Kick RF forward twice (optional shimmy)
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Kick LF forward twice (optional shimmy)
7&8 Rock LF back, Recover RF, Step LF beside right

CROSS MAMBO R&L 1/4 PIVOT L, CROSS MAMBO R&L, FLICK RF

1&2 RF Cross over, LF Recover weight, RF Step together
3&4 LF Cross over, RF Recover weight, LF step 1/4 pivot L
5&6 RF Cross over, LF Recover weight, RF Step together
7&8& LF Cross over, RF Recover weight, LF step together, FLICK R heel up

REPEAT - No Tags, No Restarts

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