

# Cowboy Hitch pt1

**COPPER** KNOB  
STEPSHETS

拍數: 16      牆數: 4      級數: Absolute Beginner  
編舞者: Tom Inge Soenju (NOR) - May 2018  
音樂: XXL - Keith Anderson



**Music Availability:** Available on iTunes, Google Play and Amazon.

**Note:** Great starter dance. Can be used for basically any country song. Examples Achy Breaky Heart by Billy Ray Cyrus (Slow), "Hold your Horses" by E-Type (Normal/fast) and "Footloose" by Blake Shelton (Fast). Can use Cowboy Hitch pt 2 when dancers advance.

**Intro:** 16 count intro

**Sequence:** Repeating sequence.

**Tag/Restart:** No tags, Restarts or Bridges

**End:** Dance as normal till music ends.

## Section 1: Heel, Hook, Heel x2, Vine-Hitch

- 1 Touch heel of RF forward
- 2 Hook RF across LF
- 3 Touch heel of RF forward
- 4 Touch heel of RF in place
- 5 Step RF to right side
- 6 Step LF behind RF
- 7 Step RF to right side
- 8 Hitch LF (or touch LF next to RF)

## Section 2: Walk back x3, Hitch, ¼ R turn, Hitch, Side Step-Hitch

- 1 Step back on LF
- 2 Step back on RF
- 3 Step back on LF
- 4 Hitch RF
- 5 Quarter turn to your right (03:00) stepping down on RF
- 6 Hitch LF
- 7 Step LF to left side
- 8 Hitch RF

**Optional:** Clap on each hitch

**Start again and enjoy! Happy Dancing!**

**Contact:** If anything is unclear or if you would like additional information, please contact me:

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