

Lean On In

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Low Intermediate
編舞者: Cheri Litzenburg (USA) & Glenda Mason - July 2018
音樂: Lean on In - Coffey Anderson



Seq: AB AB AB BAB

Sec_on A

A1: R Side Rock, Recover L, R Sailor, Cross L, Step Out R, Toe Touch Behind, L ½ Spin

1 2 Rock R to the side (holding belt buckle), Recover L
3&4 Step R behind L, Step L beside R, Step R to R side (with a lean)
5 6 Cross L over R, Step R out to side,
7 8 Point L toe behind R foot, 1/2 turn over left shoulder unwind placing weight L (6:00)

A2: R Side Rock, Recover L, R Sailor, Cross L, Step Out R, Toe Touch, L ½ Spin

1-8 Repeat all 8 counts to end up back on wall 12:00

A3: Diagonal Step Touch Back RLRL

1 2 Step back R diagonal, Touch L beside R
3 4 Step back L diagonal, Touch R beside L
5 6 Step back R diagonal, Touch L beside R
7 8 Step back L diagonal, Touch R beside

(Style op_on body roll diagonal)

A4: Hip Roll Pivot L 3/4 Turn Over 8 Counts

1 2 Step out on R, Roll hips as you turn L to recover weight L
3 4 Step out on R, Roll hips as you turn L to recover weight L
5 6 Step out on R, Roll hips as you turn L to recover weight L
7 8 Step out on R, Roll hips as you turn L to recover weight L, should be facing 3:00

Sec_on B

B1: Syncopated Step Lock, Forward Rock Recover, Back Rock, Sit Pops

1 2 & Step R Forward, Lock L behind R, Step R slightly forward
&3&4 L slightly forward, R lock behind L, L slightly forward
5 6 Rock R forward, Recover back on L
7&8 Step back on R, with L knee bent lift hip up down.

B2: L Rock Back, Recover Front, R Triple ½ Turn, Step Back, hold, Ball Walk, Walk

1 2 Rock back L Recover forward on R
3&4 Half turn R stepping LRL (9:00)
5 6 Step back R, Hold (6)
&7 8 L ball step (&), Step forward R, Step forward L

B3: L Chase Turn, Prissy Walks, Roll R Touch, Roll L Touch

1&2 Step forward on R, Pivot half turn over L shoulder weight on L, Step forward on R (3:00)
3&4 Prissy walks LRL
5678 Roll hip to side R, Touch L next to R, Roll hip to side L, Touch R next to left

B4: Turning kickball changes, heel swivels

1&2 Kick R foot out, Step down on ball of R, ¼ turn L placing weight on left (12:00)
3&4 Kick R foot out, Step down on ball of R, ¼ turn L placing weight on left (9:00)
5&6 Step R slightly forward, swivel heels out (&), heels back to center
7&8 Step L slightly forward, swivel heels out (&), heels back to center

Ending Op_on: The last B will start at 12:00. Dance up to count 6 which is a hold, then on 7 8, step pivot turn over left should to face 12:00.

Note: Dancing B twice in a row happens at the end of the instrumental. The second B will start on wall - 3:00.

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