

Stronger Than You

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Silvia Denise Staiti (DE) - August 2018
音樂: Pink Bic Lighter - Ruthie Collins



Step sheet by: Xavi Barrera

Part A, 32 counts; Part B, 16 counts; Tag, 16 counts; Tag 2, 4 counts.
Sequence: A-Tag-A-B-a-Tag 2 – A-Tag-A-B – A-TAg- Hold x 4 -A-B-A

Part A, 32 counts

A: ROCK STEP, HEEL, ROCK STEP, ½ TURN STEP, ½ TURN ROCK STEP, ½ TURN STEP, SCISSORS STEP

- 1- Rock right back, and move left heel to the left
- &- Recover your weight on to the left
- 2- Touch right heel forward
- &- Rock right back, and move left heel to the left
- 3- Recover your weight on to the left
- 4- Step right forward, turning ½ turn to the left at the same time
- 5- Rock left back, turning ½ turn to the left at the same time
- &- Recover your weight on to the right
- 6- Step left back, turning ½ turn to the left at the same time
- 7- Step right to the right
- &- Step left beside the right
- 8- Cross right over the left

A: HEEL STRUT x 2, ROCK STEP, STEP BACK, COASTER STEP, DIAGONAL, STOMP

- 9- Touch left heel forward
- &- Lower left foot
- 10- Touch right heel forward
- &- Lower right foot
- 11- Rock left forward
- &- Recover your weight on to the right
- 12- Step left back
- 13- Step right back
- &- Step left beside the right
- 14- Step right forward
- 15- Step left long, diagonally left-forward
- 16- Stomp right beside the left

A: GRAPEVINE, CROSS, STEP-TOUCH x 3, STEP-HEEL TOUCH x 2, STEP, SCUFF

- 17- Step right to the right
- &- Cross left behind the right
- 18- Step right to the right
- &- Cross left over the right
- 19- Step right to the right
- &- Touch left heel beside the right
- 20- Step left to the left
- &- Touch right heel beside the left
- 21- Step right forward
- &- Touch left behind the right
- 22- Step left back

- &- Touch right heel forward
- 23- Jumping, step right back and touch left heel forward at the same time
- &- Step left to center
- 24- Scuff right beside the left

A: GRAPEVINE CROSS, STEP, CROSS

- 25- Step right to the right
- &- Cross left behind the right
- 26- Step right to the right
- &- Cross left over the right
- 27- Step right to the right
- &- Cross left over the right
- 28- Rock right to the right
- &- Recover your weight on to the left
- 29- Rock right to the right, turning ½ turn to the right at the same time
- &- Recover your weight on to the left
- 30- Step right to the right, turning ½ turn to the right at the same time
- 31- Stomp left beside the right
- 32- Stomp right beside the left

Part B, 16 counts

B: STOMP, SWIVELS, FLICK-‘SLAP, STOMP, SWIVELS, GRAPEVINE, CROSS, ROCK STEP, TOUCH

- 1- Stomp right beside the left
- &- Move right heel to the right
- 2- Move right heel to center
- &- Flick right back and slap right heel with the right hand
- 3- Stomp right beside the left
- &- Move right toe to the right
- 4- Move right toe to center
- 5- Step right to the right
- &- Cross left behind the right
- 6- Step right to the right
- &- Cross left over the right
- 7- Rock right forward
- &- Recover your weight on to the left
- 8- Touch right back

B: ½ TURN PIVOT, ½ TURN STEP, COASTER STEP, ½ TURN STEP x 2, STOMP, FLICK

- 9- Touch right forward
- &- Pivot ½ turn to the left on to the left foot
- 10- Step right forward, turning ½ turn to the left at the same time
- 11- Step left back
- &- Step right beside the left
- 12- Step left forward
- 13- Step right forward, turning ½ turn to the left at the same time
- 14- Step left back, turning ½ turn to the left at the same time
- 15- Stomp right beside the left
- 16- Flick right back

Tag, 16 counts

T: ROCK STEP, STEP BACK, COASTER STEP, ½ TURN PIVOT, ½ TURN STEP, COASTER STEP

- 1- Rock right forward
- &- Recover your weight on to the left
- 2- Step right back

- 3- Step left back
- &- Step right beside the left
- 4- Step left forward
- 5- Touch right forward
- &- Pivot ½ turn to the left, on to the left foot
- 6- Step right forward, turning ½ turn to the left at the same time
- 7- Step left back
- &- Step right beside the left
- 8- Step right forward

T: ROCK STEP, STEP BACK, COASTER STEP, ½ TURN PIVOT, ½ TURN STEP, STOMP, FLICK

- 9- Rock right forward
- &- Recover your weight on to the left
- 10- Step right back
- 11- Step left back
- &- Step right beside the left
- 12- Step left forward
- 13- Touch right forward
- &- Pivot ½ turn to the left, on to the left foot
- 14- Step right forward, turning ½ turn to the left at the same time
- 15- Stomp left beside the right
- 16- Flick right back

Tag 2, four counts

TOE STRUT x 4

- &- Touch right toe beside the left
- 1- Lower right heel
- &- Touch left toe beside the right
- 2- Lower left heel
- &- Touch right toe beside the left
- 3- Lower right heel
- &- Touch left toe beside the right
- 4- Lower left heel

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