

Summer Lilt

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Sofie Olsson (SWE) & Anna Linton (SWE) - July 2018
音樂: Sommar I Sverige - Sven-Ingvars



Intro: 32 counts, begin with lyrics
Two Restarts

Section 1: Chassé right, Back rock, Chassé left, Back rock

1&2 Step right foot to the right, Step left foot next to right, Step right foot to the right
3-4 Step left foot behind right, Recover weight onto your right foot
5&6 Step left foot to the left, Step right foot next to left, Step left foot to the left
7-8 Step right foot behind left, Recover weight onto your left foot

Section 2: Shuffle forward, Rock forward, Shuffle backward, Rock back

1&2 Step right foot forward, Step left foot next to right, Step right foot forward
3-4 Step forward on left foot, Recover weight onto right foot
5&6 Step left foot back, Step right foot next to left, Step left foot back
7-8 Step back on right foot, Recover weight onto left foot

Section 3: Rocking chair with hook, Slow shuffle with a scuff

1-2 Step right foot forward, Recover weight onto left foot
3-4 Step right foot back, Hook your left leg over right
5-6 Step left foot forward, Step right foot next to left
7-8 Step left foot forward, Scuff right foot forward (keep right foot up in the air)

Section 4: Shuffle half turn, Back rock, Chassé ¼ turn, Scuff-hitch, Touch

1&2 Step forward on right foot while making a ¼ turn to your left, step left foot next to right while making a ¼ turn to your left (facing 6 o'clock), Step back on right foot
3-4 Step back on left foot, Recover weight onto right foot
5&6 Step left foot forward while making a ¼ turn to your right (facing 9 o'clock), Step right foot next to left, Step left foot to the left
7-8 Scuff right foot forward with bent knee, Touch right foot next to left foot

***Alternative counts 7-8: Rock back on right foot, Recover onto left foot**

Repeat until music finishes (facing 6 o'clock) and gracefully turn to the front.

Restart 1: Wall 6 (facing 9 o'clock)

Dance the first 24 counts and restart the dance

Restart 2: Wall 14 (facing 12 o'clock)

Dance the first 16 counts and restart the dance

Hope you enjoy our dance! Since we're new choreographers, we welcome any comments on this dance.

Contact: sofie.olsson83@hotmail.com