

EZ At Least I Still Have You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Betty Lee (CAN) - August 2018
音樂: At Least I Still Have You (至少還有你) - Sandy Lam (林憶蓮)



This dance is dedicated to Jenifer Wolf and her beginners class.
Jenifer is a Choreographer/ instructor from British Columbia, Canada,

Intro: 16 counts, start on vocal

S1. BASIC NIGHTCLUB L, BASIC NIGHTCLUB R, PRISSY WALLK L-R-L-R

1,2& Big Step LF to L, Step RF behind LF, Cross LF over RF
3,4& Big Step RF to R, Step LF behind RF, Cross RF over LF
5-8 Cross Step L forward, Cross Step R forward, Cross Step L forward, Cross Step R forward

S2. CROSS-SIDE-BEHIND, BEHIND-SIDE-CROSS, SWAY L-R-L-R

1&2 Cross Step LF over RF, Side Step RF, Step LF behind RF sweeping RF from front to back
3&4 Step RF behind LF, Side step LF, Cross step RF over LF
5-8 Step LF to L side swaying hips to L, Sway hips to R, Sway hips to L, Sway hips to R (wt. ends on RF)

*** Restart dance here on wall 6

S3. CROSS ROCK-SIDE, WEAVE, CROSS ROCK -SIDE, WEAVE

1&2 Cross Step LF over RF, Recover on RF, Side step LF
&3&4 Cross RF over LF, Side step LF, Step RF behind LF, Side Step LF
5&6 Cross step RF over LF, Recover on LF, Side step RF
&7&8 Cross LF over RF, Side step RF, Step LF behind RF, Side Step RF

S4. CROSS ROCK-SIDE, CROSS ROCK-SIDE, STEP, PIVOT ½ R, SWAY L-R

1&2 Cross Step LF over RF, Recover on RF, Side step LF
3&4 Cross step RF over LF, Recover on LF, Side step RF
5-6 Step forward LF, Pivot ½ turn R (weight onto RF)
7-8 Side step LF swaying hips to L, Sway hips to R (ending wt. on RF)

Start Again

Tag (4 counts): End of Wall 3, facing 6:00

Basic Nightclub L, Basic Nightclub R

1,2& Big Step LF to L, Step RF behind LF, Cross LF over RF
3,4& Big Step RF to R, Step LF behind RF, Cross RF over LF

Restart: On Wall 6, after 16 counts, facing 6:00