

Lightning Striking Again And Again

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - August 2018
音樂: Lightning Strikes - Lou Christie



TOE-STRUTS FORWARD X 2 (RL), RF CROSS MAMBO BEHIND L, KICK LF

1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5-6 Cross Rock RF behind L, Recover LF
7-8 Step RF together, Kick LF Forward

TOE-STRUTS FORWARD X 2 (LR), LF CROSS MAMBO BEHIND R, KICK RF

1-2 Touch LF toes forward, Drop heel
3-4 Touch RF toes forward, Drop heel
5-6 Cross Rock LF behind R, Recover RF
7-8 Step LF together, Kick RF Forward

LINDY RIGHT, WEAVE LEFT 1/4 PIVOT L, SCUFF RF

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5-6 Step LF left, Cross RF behind L
7-8 Step LF fwd 1/4 pivot L, Scuff RF

ROCKING CHAIR X 2

1-2 Rock Rf forward, Recover LF
3-4 Rock RF back, Recover LF
5-6 Rock RF forward, Recover LF
7-8 Rock RF back, Recover LF

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
