

High Heel Sneakers

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - August 2018
音樂: Hi-Heel Sneakers - The Kentucky Headhunters



Begin on the word "red"

R TOE-TOUCHES, REVERSE GRAPEVINE, L TOE-TOUCHES, REVERSE GRAPEVINE 1/4 R

1-2 Tap RF toes to 1:00 twice
3&4 Cross-step RF behind left; Step LF left, Cross-step RF in front of L
5-6 Tap LF toes to 11:00 twice
7&8 Cross-step LF behind R, Step RF right, Cross-step LF in front of R 1/4 R (3:00)

RF STOMP KICK, RF MAMBO BACK, LF STOMP KICK, LF MAMBO BACK

1-2 Stomp RF down, Kick RF forward
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Stomp LF, Kick LF forward
7&8 Rock LF back, Recover RF, Step LF beside right

JAZZ BOX, KICK-BALL CHANGE X 2 (RR)

1-2 Step RF over L, Step LF back
3-4 Step RF beside L, Step LF forward
5&6 Kick RF forward, Step RF together, Step LF together
7&8 Kick RF forward, Step RF together, Step LF together

STEP-PIVOT 1/4 LEFT TWICE, JAZZ BOX CROSS

1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
5-6 Cross RF over Left, Step Left back (optional shoulder shimmies)
7-8 Step RF to side, Step LF across R (optional shoulder shimmies)

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com

Last Update - 18 Sep 2022
