I Can't Let Go



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Angéline Fourmage (FR) - August 2018 音樂: I Can'T Let Go by the Sidh & Tim Chaisson



Start: 48 counts (Listen to Tic Tac) - 0,20s

Sequence: 15-A-A(16)-A-A-A

Music 2: Rose has its thorn by Miley Cyrus

No Tag - No Restart

[1-8]: Basic Night-Club, Step ¼ L, Step ½ L, Walk, Rock Step, Back, Rock Step, Turn ½ L

1-2& LF to L side, RF behind LF, Cross LF over RF

3-4& Make ½ L with RF Back, Make 1/2 L with LF FW, RF FW

5-6& LF FW, Recover to RF, LF back

7-8& RF Back, Recover to LF, Make 1/2 L with RF Back

* Restart 2 (for the Restart make ¼ L)

[9-16]: 1/4 L Basic Night-Club, Basic Night-Club, Walk, Step Turn 1/2 R, Step

1-2& Make ¼ L with Basic NC (LF to L side with ¼ L, RF behind LF, Cross LF over RF

3-4& RF to R side, LF behind RF, Cross RF over LF

5-6 LF FW, RF FW

7&8 LF FW, Make 1/2 R (Weight is on R) * Restart 1, LF FW

[17-24]: Walk, Step Turn ½ L, Step, Full Turn, Step, Sweep, Cross, Back, ¼ R, Sweep

1-2 RF FW, LF FW

3&4 RF FW, Make 1/2 L (Weight is on L), RF FW (Preparation for full-turn)

5&6 Make 1/2 R with LF Back, Make 1/2 R with RF FW, LF FW with R sweep from back to the

front

7&8 Cross RF over LF, LF Back, Make 1/4 R with RF to R side with L sweep from back to front

[25-32]: Weave, Sweep, Weave, Walk, Step Turn 3/4 R

1&2 Cross LF over RF, RF to R side, LF behind RF with R sweep from front to the back

3&4 RF behind LF, LF to L side, Cross RF over LF

5-6 LF FW, RF FW

7-8 LF FW, Make 3/4 R (weight is on R)

NOTA: RF = Right Foot, LF = Left Foot, FW = Forward, NC=Night-Club

Smile and enjoy the dance -

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