

# For The Life Of Me

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Graham Mitchell (SCO) - August 2018  
音樂: For the Life of Me - Trent Tomlinson : (Album: That's What's Working Right Now)



## SECTION 1 (1-8) BASIC NIGHT CLUB RIGHT & LEFT, ¼ RIGHT, FALL AWAY 3/8

1-2&      Long step Right, rock Left behind Right, recover Right  
3-4&      Long step Left, rock Right behind left, recover Left  
5          Step forward Right making ¼ Right [3]  
6&7      cross L over Right, (&) 1/8 turn left stepping back R, 1/8 step back Left  
8&      Step Right behind left, (&) 1/8 turn left stepping left to left side [10.30]

## SECTION 2 (1-8) SYNCOPATED ROCKING CHAIR, STEP ½ PIVOT STEP, FULL TURN, SIDE BACK ROCK SIDE

1&2&      Rock forward Right recover left, rock back Right, recover left [10.30]  
3&4      Step forward right pivot ½ left, step forward Right [4.30]  
5&6      Step back left ½ turn right, step forward right ½ turn right, step 1/8 Left to left  
7&8      Rock Right behind Left, recover Left, step Right to Right side [6]

**\*\*TAG/ RESTART WALL 3 AND 7 \*\***

## SECTION 3 (1-8) BEHIND SIDE & CROSS ROCK & CROSS ROCK, & CROSS UNWIND ¾ , RIGHT SHUFFLE

1&2      Step Left behind, step Right to right side, cross rock Left over Right  
3&4      recover Right, step left to left side, Cross rock Right over Left [6]  
5&6      Recover left, step right beside left, cross Left over right unwind ¾ right [3]  
7&8      Step forward Right, close left beside Right, step forward Right

## SECTION 4 (1-8) BACK TWINKLES LEFT & RIGHT, BACK ROCK, ½ TURN RIGHT, REVERSE ROCKING CHAIR

1&2      Cross Left over Right, step Right to Right side, step back left  
3&4      Cross Right over Left, step Left to Left side, Step Right back [3]  
5&6      Rock left back, recover right, ½ turn Right stepping back Left [9]  
7&8&      Rock back on right, recover left, rock forward Right, recover Left

## TAG: 2 COUNT TAG CHANGE OF STEPS AFTER SECTION 2 COUNT 7&

1-2      TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH RIGHT BESIDE LEFT

## ENDING AFTER SECTION 1 CROSS RIGHT OVER LEFT UNWIND ½ TURN